- 1 AN ACT in relation to insurance.
- 2 Be it enacted by the People of the State of Illinois,
- 3 represented in the General Assembly:
- 4 Section 5. The Department of Insurance Law of the Civil
- 5 Administrative Code of Illinois is amended by adding Section
- 6 1405-30 as follows:
- 7 (20 ILCS 1405/1405-30)
- 8 <u>Sec. 1405-30. Mental health insurance study.</u>
- 9 <u>(a) The Department of Insurance shall conduct an</u>
- 10 <u>analysis and study of costs and benefits derived from the</u>
- 11 <u>implementation</u> of the coverage requirements for treatment of
- 12 <u>mental disorders established under Section 370c of the</u>
- 13 <u>Illinois Insurance Code</u>. The study shall cover the years
- 14 2002, 2003, and 2004. The study shall include an analysis of
- 15 the effect of the coverage requirements on the cost of
- insurance and health care, the results of the treatments to
- 17 patients, any improvements in care of patients, and any
- improvements in the quality of life of patients.
- (b) The Department shall report the results of its study
- 20 <u>to the General Assembly and the Governor on or before March</u>
- 21 1, 2005.
- 22 Section 10. The Illinois Insurance Code is amended by
- 23 changing Section 370c as follows:
- 24 (215 ILCS 5/370c) (from Ch. 73, par. 982c)
- Sec. 370c. <u>Mental and emotional disorders.</u>
- 26 (a) (1) On and after the effective date of this Section,
- 27 every insurer which delivers, issues for delivery or renews
- 28 or modifies group A&H policies providing coverage for
- 29 hospital or medical treatment or services for illness on an

- 1 expense-incurred basis shall offer to the applicant or group
- 2 policyholder subject to the insurers standards of
- 3 insurability, coverage for reasonable and necessary treatment
- 4 and services for mental, emotional or nervous disorders or
- 5 conditions, other than serious mental illnesses as defined in
- 6 <u>item (2) of subsection (b),</u> up to the limits provided in the
- 7 policy for other disorders or conditions, except (i) the
- 8 insured may be required to pay up to 50% of expenses incurred
- 9 as a result of the treatment or services, and (ii) the annual
- 10 benefit limit may be limited to the lesser of \$10,000 or 25%
- 11 of the lifetime policy limit.
- 12 (2) Each insured that is covered for mental, emotional
- or nervous disorders or conditions shall be free to select
- 14 the physician licensed to practice medicine in all its
- 15 branches, licensed clinical psychologist, or licensed
- 16 clinical social worker of his choice to treat such disorders,
- 17 and the insurer shall pay the covered charges of such
- 18 physician licensed to practice medicine in all its branches,
- 19 licensed clinical psychologist, or licensed clinical social
- 20 worker up to the limits of coverage, provided (i) the
- 21 disorder or condition treated is covered by the policy, and
- 22 (ii) the physician, licensed psychologist, or licensed
- 23 clinical social worker is authorized to provide said services
- 24 under the statutes of this State and in accordance with
- 25 accepted principles of his profession.
- 26 (3) Insofar as this Section applies solely to licensed
- 27 clinical social workers, those persons who may provide
- 28 services to individuals shall do so after the licensed
- 29 clinical social worker has informed the patient of the
- 30 desirability of the patient conferring with the patient's
- 31 primary care physician and the licensed clinical social
- 32 worker has provided written notification to the patient's
- 33 primary care physician, if any, that services are being
- 34 provided to the patient. That notification may, however, be

- 1 waived by the patient on a written form. Those forms shall
- 2 be retained by the licensed clinical social worker for a
- 3 period of not less than 5 years.
- 4 (b) (1) An insurer that provides coverage for hospital
- 5 <u>or medical expenses under a group policy of accident and</u>
- 6 <u>health insurance or health care plan amended, delivered,</u>
- 7 <u>issued</u>, or renewed after the effective date of this
- 8 <u>amendatory Act of the 92nd General Assembly shall provide</u>
- 9 <u>coverage under the policy for treatment of serious mental</u>
- 10 <u>illness under the same terms and conditions as coverage for</u>
- 11 <u>hospital or medical expenses related to other illnesses and</u>
- 12 <u>diseases. The coverage required under this Section must</u>
- 13 provide for same durational limits, amount limits,
- 14 <u>deductibles</u>, and co-insurance requirements for serious mental
- 15 <u>illness as are provided for other illnesses and diseases.</u>
- 16 This subsection does not apply to coverage provided to
- employees by employers who have 50 or fewer employees.
- 18 (2) "Serious mental illness" means the following
- 19 <u>psychiatric illnesses as defined in the most current edition</u>
- of the Diagnostic and Statistical Manual (DSM) published by
- 21 <u>the American Psychiatric Association:</u>
- 22 <u>(A) schizophrenia;</u>
- 23 (B) paranoid and other psychotic disorders;
- 24 (C) bipolar disorders (hypomanic, manic,
- depressive, and mixed);
- 26 <u>(D) major depressive disorders (single episode or</u>
- 27 <u>recurrent);</u>
- 28 <u>(E) schizoaffective disorders (bipolar or</u>
- 29 <u>depressive</u>);
- 30 <u>(F) pervasive developmental disorders;</u>
- 31 (G) obsessive-compulsive disorders;
- 32 (H) depression in childhood and adolescence; and
- 33 <u>(I) panic disorder.</u>
- 34 (3) Upon request of the reimbursing insurer, a provider

1	of treatment of serious mental illness shall furnish medical
2	records or other necessary data that substantiate that
3	initial or continued treatment is at all times medically
4	necessary. An insurer shall provide a mechanism for the
5	timely review by a provider holding the same license and
6	practicing in the same specialty as the patient's provider,
7	who is unaffiliated with the insurer, jointly selected by the
8	patient (or the patient's next of kin or legal representative
9	if the patient is unable to act for himself or herself), the
10	patient's provider, and the insurer in the event of a dispute
11	between the insurer and patient's provider regarding the
12	medical necessity of a treatment proposed by a patient's
13	provider. If the reviewing provider determines the treatment
14	to be medically necessary, the insurer shall provide
15	reimbursement for the treatment. Future contractual or
16	employment actions by the insurer regarding the patient's
17	provider may not be based on the provider's participation in
18	this procedure. Nothing prevents the insured from agreeing
19	in writing to continue treatment at his or her expense. When
20	making a determination of the medical necessity for a
21	treatment modality for serous mental illness, an insurer must
22	make the determination in a manner that is consistent with
23	the manner used to make that determination with respect to
24	other diseases or illnesses covered under the policy,
25	including an appeals process.
26	(4) A group health benefit plan:
27	(A) shall provide coverage based upon medical
28	necessity for the following treatment of mental illness
29	in each calendar year;
30	(i) 45 days of inpatient treatment; and
31	(ii) 35 visits for outpatient treatment
32	including group and individual outpatient treatment;
33	(B) may not include a lifetime limit on the number
34	of days of inpatient treatment or the number of

- 1 <u>outpatient visits covered under the plan; and</u>
- 2 (C) shall include the same amount limits,
- deductibles, copayments, and coinsurance factors for
- 4 serious mental illness as for physical illness.
- 5 (5) An issuer of a group health benefit plan may not
- 6 count toward the number of outpatient visits required to be
- 7 <u>covered under this Section an outpatient visit for the</u>
- 8 purpose of medication management and shall cover the
- 9 <u>outpatient visits under the same terms and conditions as it</u>
- 10 covers outpatient visits for the treatment of physical
- illness.
- 12 (6) An issuer of a group health benefit plan may provide
- or offer coverage required under this Section through a
- 14 <u>managed care plan.</u>
- 15 <u>(7) This Section shall not be interpreted to require a</u>
- 16 group health benefit plan to provide coverage for treatment
- 17 of:
- 18 (A) an addiction to a controlled substance or
- cannabis that is used in violation of law; or
- 20 (B) mental illness resulting from the use of a
- 21 <u>controlled substance or cannabis in violation of law.</u>
- 22 (8) This subsection (b) is inoperative after December
- 23 31, 2005.
- 24 (Source: P.A. 86-1434.)
- 25 Section 99. Effective date. This Act takes effect
- 26 January 1, 2002.