- 1 AN ACT in relation to insurance.
- 2 Be it enacted by the People of the State of Illinois,
- 3 represented in the General Assembly:
- 4 Section 5. The Department of Insurance Law of the Civil
- 5 Administrative Code of Illinois is amended by adding Section
- 6 1405-30 as follows:
- 7 (20 ILCS 1405/1405-30)
- 8 <u>Sec. 1405-30. Mental health insurance study.</u>
- 9 <u>(a) The Department of Insurance shall conduct an</u>
- 10 <u>analysis and study of costs and benefits derived from the</u>
- 11 <u>implementation</u> of the coverage requirements for treatment of
- 12 <u>mental disorders established under Section 370c of the</u>
- 13 <u>Illinois Insurance Code. The study shall cover the years</u>
- 14 2002, 2003, and 2004. The study shall include an analysis of
- 15 the effect of the coverage requirements on the cost of
- insurance and health care, the results of the treatments to
- 17 patients, any improvements in care of patients, and any
- improvements in the quality of life of patients.
- 19 <u>(b) The Department shall report the results of its study</u>
- 20 <u>to the General Assembly and the Governor on or before March</u>
- 21 1, 2005.
- 22 Section 10. The Illinois Insurance Code is amended by
- 23 changing Section 370c as follows:
- 24 (215 ILCS 5/370c) (from Ch. 73, par. 982c)
- Sec. 370c. <u>Mental and emotional disorders.</u>
- 26 (a) (1) On and after the effective date of this Section,
- 27 every insurer which delivers, issues for delivery or renews
- 28 or modifies group A&H policies providing coverage for
- 29 hospital or medical treatment or services for illness on an

1 expense-incurred basis shall offer to the applicant or group 2 policyholder subject to the insurers standards insurability, coverage for reasonable and necessary treatment 3 4 and services for mental, emotional or nervous disorders 5 conditions, other than serious mental illnesses as defined in 6 item (2) of subsection (b), up to the limits provided in the 7 policy for other disorders or conditions, except (i) the insured may be required to pay up to 50% of expenses incurred 8 9 as a result of the treatment or services, and (ii) the annual

benefit limit may be limited to the lesser of \$10,000 or 25% 10

11 of the lifetime policy limit.

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- (2) Each insured that is covered for mental, emotional or nervous disorders or conditions shall be free to select 13 the physician licensed to practice medicine in all 14 15 licensed clinical psychologist, or 16 clinical social worker of his choice to treat such disorders, and the insurer shall pay the covered charges of 17 physician licensed to practice medicine in all its branches, 19 licensed clinical psychologist, or licensed clinical social worker up to the limits of coverage, provided (i) the 20 21 disorder or condition treated is covered by the policy, and 22 the physician, licensed psychologist, or clinical social worker is authorized to provide said services under the statutes of this State and in accordance with 25 accepted principles of his profession.
- (3) Insofar as this Section applies solely to licensed 26 clinical social 27 workers, those persons who may provide services to individuals shall do so after the licensed 28 clinical social worker has informed the patient of the 29 desirability of the patient conferring with the patient's 30 primary care physician and the licensed clinical social 31 worker has provided written notification to the patient's 32 primary care physician, if any, that services are being 33 provided to the patient. That notification may, however, be 34

1	waived by the patient on a written form. Those forms shall										
2	be retained by the licensed clinical social worker for a										
3	period of not less than 5 years.										
4	(b) (1) An insurer that provides coverage for hospital										
5	or medical expenses under a group or individual policy of										
6	accident and health insurance or health care plan amended,										
7	delivered, issued, or renewed after the effective date of										
8	this amendatory Act of the 92nd General Assembly shall										
9	provide coverage under the policy for treatment of serious										
10	mental illness under the same terms and conditions as										
11	coverage for hospital or medical expenses related to other										
12	illnesses and diseases. The coverage required under this										
13	Section must provide for same durational limits, amount										
14	limits, deductibles, and co-insurance requirements for										
15	serious mental illness as are provided for other illnesses										
16	and diseases. This subsection does not apply to coverage										
17	provided to employees by employers who have 50 or fewer										
18	employees.										
19	(2) "Serious mental illness" means the following										
20	psychiatric illnesses as defined in the most current edition										
21	of the Diagnostic and Statistical Manual (DSM) published by										
22	the American Psychiatric Association:										
23	(A) schizophrenia;										
24	(B) paranoid and other psychotic disorders;										
25	(C) bipolar disorders (hypomanic, manic,										
26	<pre>depressive, and mixed);</pre>										
27	(D) major depressive disorders (single episode or										
28	recurrent);										
29	(E) schizoaffective disorders (bipolar or										
30	<u>depressive);</u>										
31	(F) pervasive developmental disorders;										
32	(G) obsessive-compulsive disorders;										
33	(H) depression in childhood and adolescence; and										

(I) panic disorder.

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1	(3) Upon request of the reimbursing insurer, a provider
2	of treatment of serious mental illness shall furnish medical
3	records or other necessary data that substantiate that
4	initial or continued treatment is at all times medically
5	necessary. An insurer shall provide a mechanism for the
6	timely review by a provider holding the same license and
7	practicing in the same specialty as the patient's provider,
8	who is unaffiliated with the insurer, jointly selected by the
9	patient (or the patient's next of kin or legal representative
10	if the patient is unable to act for himself or herself), the
11	patient's provider, and the insurer in the event of a dispute
12	between the insurer and patient's provider regarding the
13	medical necessity of a treatment proposed by a patient's
14	provider. If the reviewing provider determines the treatment
15	to be medically necessary, the insurer shall provide
16	reimbursement for the treatment. Future contractual or
17	employment actions by the insurer regarding the patient's
18	provider may not be based on the provider's participation in
19	this procedure. Nothing prevents the insured from agreeing
20	in writing to continue treatment at his or her expense. When
21	making a determination of the medical necessity for a
22	treatment modality for serous mental illness, an insurer must
23	make the determination in a manner that is consistent with
24	the manner used to make that determination with respect to
25	other diseases or illnesses covered under the policy,
26	including an appeals process.
27	(4) A group health benefit plan:
28	(A) shall provide coverage based upon medical
29	necessity for the following treatment of mental illness
30	in each calendar year;
31	(i) 45 days of inpatient treatment; and
32	(ii) 60 visits for outpatient treatment
33	including group and individual outpatient treatment;
34	(B) may not include a lifetime limit on the number

1	of	days	of	inpatient	treatment	or	the	number	of

- 2 <u>outpatient visits covered under the plan; and</u>
- 3 (C) shall include the same amount limits,
- 4 <u>deductibles, copayments, and coinsurance factors for</u>
- 5 <u>serious mental illness as for physical illness.</u>
- 6 (5) An issuer of a group health benefit plan may not
- 7 <u>count toward the number of outpatient visits required to be</u>
- 8 <u>covered under this Section an outpatient visit for the</u>
- 9 purpose of medication management and shall cover the
- 10 <u>outpatient visits under the same terms and conditions as it</u>
- 11 covers outpatient visits for the treatment of physical
- 12 <u>illness</u>.
- 13 (6) An issuer of a group health benefit plan may provide
- 14 <u>or offer coverage required under this Section through a</u>
- 15 <u>managed care plan.</u>
- 16 (7) This Section shall not be interpreted to require a
- 17 group health benefit plan to provide coverage for treatment
- 18 of:
- 19 (A) an addiction to a controlled substance or
- 20 <u>cannabis that is used in violation of law; or</u>
- 21 (B) mental illness resulting from the use of a
- 22 <u>controlled substance or cannabis in violation of law.</u>
- 23 (8) This subsection (b) is inoperative after December
- 24 31, 2005.
- 25 (Source: P.A. 86-1434.)
- 26 Section 99. Effective date. This Act takes effect
- 27 January 1, 2002.