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SENATE JOINT RESOLUTION NO. 45 1 2 (As Amended by Senate Amendment No. 1) 3 WHEREAS, Cholesterol is essential to the human body's 4 functioning; however, high LDL-C (bad cholesterol) can lead to 5 heart disease; and 6 WHEREAS, There are no warning signs of high cholesterol, 7 and the only way to find out one's total blood cholesterol is 8 through a lipoprotein profile blood test; and 9 WHEREAS, Hyperlipidemia occurs when there are too many 10 lipids in the blood, therefore causing high cholesterol and high triglycerides; and 11 12 WHEREAS, The American Heart Association recommends 13 consulting a doctor to understand one's condition and then determining a treatment that may include healthy diet choices 14 15 and exercise along with medication, depending on one's overall risk; and 16 17 WHEREAS, Cholesterol Counts is an awareness program that 18 aims to have individuals take an active role in understanding that there is more to be done to control high cholesterol and 19 20 encourages the conversation between patients and their 21 healthcare providers; and

- 1 WHEREAS, Encouraging Illinois residents to participate in
- 2 Cholesterol Counts can help monitor the overall cholesterol
- 3 statistics for Illinois and provide awareness for treatment;
- and
- 5 WHEREAS, The Illinois Department of Public Health already
- 6 encourages residents to get their blood cholesterol checked
- 7 during September, which is designated as National Cholesterol
- 8 Education Month; therefore, be it
- 9 RESOLVED, BY THE SENATE OF THE NINETY-NINTH GENERAL
- 10 ASSEMBLY OF THE STATE OF ILLINOIS, THE HOUSE OF REPRESENTATIVES
- 11 CONCURRING HEREIN, that we recognize the importance of
- 12 encouraging Illinois residents to understand their cholesterol
- 13 testing results and coordinate treatment with their healthcare
- 14 provider; and be it further
- 15 RESOLVED, That we urge the Illinois Department of Public
- 16 Health to post link providing access to
- www.takedowncholesterol.com on its website under the Resources 17
- 18 section on its Cholesterol page; and be it further
- 19 RESOLVED, That we urge the Illinois Department of Public
- 20 Health to designate September 1, 2016 as Hyperlipidemia
- 21 Awareness Day in the State of Illinois; and be it further

- RESOLVED, That a suitable copy of this resolution be 1
- delivered to the Illinois Department of Public Health. 2