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1 HOUSE RESOLUTION

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WHEREAS, USA Gymnastics and gymnastics clubs across the 2 3 nation annually celebrate National Gymnastics Day to showcase 4 the sport of gymnastics and to encourage and promote physical 5 fitness among our nation's youth; and 6 WHEREAS, Gymnastics provides a great foundation for 7 building strength, flexibility, fitness, life skills. 8 enhancing self-esteem, and goal-setting abilities; and 9 WHEREAS, National Gymnastics Day seeks to promote the value 10 of physical fitness and good nutrition for everyone, regardless of age, gender, and ability level; and 11 WHEREAS, On National Gymnastics Day, gymnastics clubs 12 13 around the world partner with USA Gymnastics to heighten the visibility of the sport and encourage participation at the 14 15 grassroots level; and

WHEREAS, National Gymnastics Day aims to serve the greater community good by supporting the mission of the Nastia Liukin Fund through outreach to clubs that aid athletes who need financial assistance to remain or become involved in gymnastics; and

- 1 WHEREAS, USA Gymnastics, along with the State of Illinois
- 2 and the nation, strive to encourage greatness and achievement
- 3 in young people; therefore, be it
- 4 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE
- 5 NINETY-NINTH GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that we
- designate September 17, 2016 as "Gymnastics Day" in the State
- of Illinois in support of National Gymnastics Day; and be it
- 8 further
- 9 RESOLVED, That a suitable copy of this resolution be
- 10 presented to USA Gymnastics as an expression of our esteem and
- 11 respect.