



HR0839

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HOUSE RESOLUTION

2 WHEREAS, Bacon is consumed at breakfast an average of 12
3 times per person per year; 69% of all food service operators
4 serve bacon; more than half of all homes (53%) keep bacon on
5 hand at all times; each year in the United States, more than
6 1.7 billion lbs. of bacon are consumed in food service; bacon
7 contains a high level of nutrients and is a useful addition to
8 any diet; the key to eating bacon and gaining health benefits
9 is keeping portions to reasonable sizes; and

10 WHEREAS, Baconfest is a fun-filled, walk-around, tasting
11 event, featuring the most creative bacon dishes from the best
12 chefs in Chicago; since 2009, Baconfest has raised over
13 \$300,000, enabling partners like the Greater Chicago Food
14 depository to distribute more than 924,000 meals to hungry
15 people in the area; and

16 WHEREAS, Pork is versatile, affordable, and accessible for
17 many Americans; its many beneficial qualities make it easy to
18 incorporate into any healthy diet; and

19 WHEREAS, Pork is not only a good source of protein, but
20 also provides several important vitamins and minerals; a
21 3-ounce serving of pork is an excellent source of thiamin,
22 selenium, protein, niacin, vitamin B6, and phosphorus and a

1 good source of riboflavin, zinc, and potassium; and

2 WHEREAS, Pork is naturally low in sodium and a good source
3 of potassium - 2 nutrients that, when coupled, can help
4 regulate blood pressure; today's pork is 16% leaner and 27%
5 lower in saturated fat compared to 20 years ago; and

6 WHEREAS, Pork - representing 42.6% of total meat consumed -
7 is the world's most widely eaten meat according to the United
8 States Department of Agriculture; 7 cuts of pork meet the USDA
9 guidelines for "lean" by containing less than 10 grams of fat,
10 4.5 grams of saturated fat, and 95 milligrams of cholesterol
11 per 100 grams of meat; and

12 WHEREAS, Pork tenderloin is certified as heart-healthy by
13 the American Heart Association with its Heart-Check mark,
14 indicating that it contains less than 6.5 grams of fat, 1 gram
15 or less of saturated fat (and 15% or less calories from
16 saturated fat), and 480 milligrams or less of sodium per label
17 serving, among other criteria; pork tenderloin has the same
18 amount of fat as a skinless chicken breast; and

19 WHEREAS, Illinois ranks 4th in the nation in swine
20 production; pork producers have enhanced feeding and breeding
21 practices to deliver leaner options for today's health
22 conscious consumers; and

1 WHEREAS, The Illinois Pork Producers Association (IPPA)
2 represents more than 2,000 pork producers throughout Illinois;
3 the IPPA is comprised of county pork producer groups in
4 approximately 20 counties throughout Illinois; the IPPA is an
5 affiliate of the National Pork Producers Council and the
6 National Pork Board; the Illinois pork industry contributes
7 more than \$1.8 billion and more than 10,500 jobs to the State's
8 economy; therefore, be it

9 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE
10 NINETY-NINTH GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that we
11 call upon the leaders of the State of Illinois to recognize and
12 continue to defend the importance of bacon and other pork
13 products, along with the pork producers, to the economy, job
14 growth, and the consumer preference of the people of Illinois;
15 and be it further

16 RESOLVED, That a suitable copy of this resolution be
17 presented to the Illinois Pork Producers Association as a
18 symbol of our respect and esteem.