



HR0139

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HOUSE RESOLUTION

2 WHEREAS, The members of the Illinois House of
3 Representatives are pleased to congratulate First Lady
4 Michelle Obama on her success in leading the charge against
5 childhood obesity; and

6 WHEREAS, Federal health authorities reported a 43% drop in
7 the obesity rate among 2 to 5-year-old children in the past
8 decade - the first broad decline in an epidemic that often
9 leads to life-long struggles with weight, along with higher
10 risks for cancer, heart disease, and stroke; approximately 8%
11 of 2 to 5-year-olds were obese in 2012 - down from 14% in 2004;
12 and

13 WHEREAS, Children now consume fewer calories from sugary
14 beverages than they did in 1999; more women are breast-feeding,
15 which can lead to a healthier range of weight gain for young
16 children; and research has chronicled a drop in overall calorie
17 intake for children in the past decade; and

18 WHEREAS, First Lady Michelle Obama has led a push to change
19 young children's eating and exercise habits and 10,000 child
20 care centers across the country have signed on; she remarked
21 that she was "...thrilled at the progress we've made over the
22 last few years in obesity rates among our youngest Americans.";

1 and

2 WHEREAS, The decline in the childhood obesity rate should
3 be viewed as just the start of a sustained campaign to improve
4 the health and well-being of children and not as a conclusion
5 to it; therefore, be it

6 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE
7 NINETY-NINTH GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that we
8 congratulate First Lady Michelle Obama on her success in
9 leading the charge against childhood obesity; and be it further

10 RESOLVED, That a suitable copy of this resolution be
11 presented to First Lady Michelle Obama as an expression of our
12 esteem and respect.