

HR0047 LRB098 06739 GRL 36787 r

1 HOUSE RESOLUTION

2 WHEREAS, During pregnancy, expecting mothers will receive 3 a variety of tests for conditions such as Down Syndrome and 4 other birth defects; and

WHEREAS, Moms have always known that movement is the best sign of their babies' well-being in utero; scientific studies indicate that kick counting, a daily record of moms' perception of their babies' movement during the third trimester, is a reliable, harmless, simple and effective screening for the babies' well-being; and

WHEREAS, Kick counting can document changes in the fetal movement pattern and can help moms-to-be alert their healthcare provider of potential problems; a timely evaluation can allow intervention and prevention of potential problems, including stillbirth; and

WHEREAS, The American College of Obstetricians and Gynecologists recommends kick counting as one method to monitor pregnancy health, through noting the time it takes for a baby to complete 10 movements, such as kicks, jabs, rolls, twists, and turns, when the baby is usually most active during the day; and

1 WHEREAS, A mother's familiarity with her baby's movements 2 helps identify changes that may indicate potential pregnancy 3 problems, which can allow her provider to institute timely

4 intervention; therefore, be it

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RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE NINETY-EIGHTH GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that we encourage the people of this State to help us in raising awareness of the importance of kick counting during pregnancy.