



Rep. Rita Mayfield

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1 AMENDMENT TO HOUSE BILL 5397

2 AMENDMENT NO. \_\_\_\_\_. Amend House Bill 5397 as follows:

3 by replacing line 2 on page 1 through line 10 on page 2 with the  
4 following:

5 "WHEREAS, Regular physical activity is associated with a  
6 healthier, longer life and a lower risk of cardiovascular  
7 disease, high blood pressure, diabetes, obesity, and some  
8 cancers; and

9 WHEREAS, Physical activity offers young people many health  
10 benefits, including improved aerobic endurance and muscular  
11 strength, better weight control, and the opportunity to build  
12 lean muscle and bone mass and reduce fat; and

13 WHEREAS, Physically fit children have higher scholastic  
14 achievement, better classroom behavior, a greater ability to  
15 focus, and less absenteeism than their physically unfit

1 counterparts; and

2 WHEREAS, One important way to stop this rise in childhood  
3 obesity is by establishing lifelong physical activity habits  
4 with strong physical education programs and regular physical  
5 activity opportunities in our nation's schools, both during and  
6 outside of the regular school day; and

7 WHEREAS, The Enhance Physical Education Task Force,  
8 established by Public Act 97-1102, recommended enhancing  
9 physical education to increase the amount of time students  
10 spend in moderate to vigorous physical activity, with an  
11 emphasis on fitness, skill-building, and cooperation;  
12 therefore"; and

13 by replacing line 13 on page 2 through line 24 on page 5 with  
14 the following:

15 "Section 5. The School Code is amended by adding Section  
16 27-6.5 as follows:

17 (105 ILCS 5/27-6.5 new)

18 Sec. 27-6.5. Physical fitness assessments in schools.

19 (a) As used in this Section, "physical fitness assessment"  
20 means a series of assessments to measure aerobic capacity, body  
21 composition, muscular strength, muscular endurance, and

1 flexibility.

2 (b) To measure the effectiveness of State Goal 20 of the  
3 Illinois Learning Standards for Physical Development and  
4 Health, the State Board of Education shall require all public  
5 schools to use, during the 2016-2017 school year and every  
6 school year thereafter, a physical fitness assessment and  
7 report fitness information to the State Board of Education, as  
8 set forth in subsection (e) of this Section, to assess student  
9 fitness indicators.

10 Public schools shall integrate health-related fitness  
11 testing into the curriculum as an instructional tool, except in  
12 the early elementary grades. Fitness tests must be appropriate  
13 to students' developmental levels and physical abilities. The  
14 testing must be used to teach students how to assess their  
15 fitness levels, set goals for improvement, and monitor progress  
16 in reaching their goals.

17 (c) On or before October 1, 2014, the State Superintendent  
18 of Education shall appoint a 15-member stakeholder and expert  
19 task force, including members representing organizations that  
20 represent physical education teachers, school officials,  
21 principals, health promotion and disease prevention advocates  
22 and experts, school health advocates and experts, and other  
23 experts with operational and academic expertise in the  
24 measurement of fitness. The task force shall make  
25 recommendations to the State Board of Education on the  
26 following:

1           (1) protocols for implementing a physical fitness  
2           assessment in all public schools, including how often  
3           physical fitness assessments must occur and how physical  
4           fitness assessments must be conducted;

5           (2) how often physical fitness assessment data must be  
6           aggregated and reported to the State Board of Education;  
7           and

8           (3) how physical fitness assessment data must be  
9           reported to the public, including potential correlations  
10           with student academic achievement, attendance, and  
11           discipline data, and recommended uses of the reported data.

12           The State Board of Education shall provide administrative  
13           and other support to the task force.

14           The task force shall submit its recommendations on physical  
15           fitness assessments on or before April 1, 2015. The task force  
16           may also recommend protocols for assessing student progress on  
17           State Goals 19 and 21 through 24 of the Illinois Learning  
18           Standards for Physical Development and Health. The task force  
19           is dissolved on April 30, 2015.

20           The provisions of this subsection (c), other than this  
21           sentence, are inoperative after March 31, 2016.

22           (d) On or before October 1, 2015, the State Board of  
23           Education shall use the recommendations of the task force under  
24           subsection (c) of this Section to adopt rules for the  
25           implementation of physical fitness assessments by each public  
26           school for the 2016-2017 school year and every school year

1 thereafter.

2 (e) On or before September 1, 2016, the State Board of  
3 Education shall, by rule, develop a system for collecting and  
4 reporting the aggregated fitness information from the physical  
5 fitness assessments. This system shall also support the  
6 collection of data from school districts that use a fitness  
7 testing software program.

8 (f) School districts may report the aggregate findings of  
9 physical fitness assessments by grade level and school to  
10 parents and members of the community through typical  
11 communication channels, such as Internet websites, school  
12 newsletters, school board reports, and presentations.

13 (g) Nothing in this Section precludes schools from  
14 implementing a physical fitness assessment before the  
15 2016-2017 school year or from implementing more robust forms of  
16 a physical fitness assessment.

17 Section 99. Effective date. This Act takes effect upon  
18 becoming law.".