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1 SENATE RESOLUTION

- 2 WHEREAS, Psoriasis is the most prevalent autoimmune
- 3 disease in the country; and
- 4 WHEREAS, Psoriasis is a noncontagious, chronic,
- 5 inflammatory, painful, and often disfiguring and disabling
- 6 autoimmune disease for which there is no cure; and
- WHEREAS, Up to 30% of people with psoriasis also develop
- 8 psoriatic arthritis, which causes pain, swelling, and
- 9 stiffness around the joints; and
- 10 WHEREAS, Of serious concern is the mounting evidence that
- 11 psoriasis is not just a disease of the skin and joints, but is
- 12 a systemic disease that is connected with an elevated risk for
- 13 a range of other serious, chronic, and life-threatening
- 14 conditions, including cardiovascular disease, diabetes,
- 15 hypertension, and stroke; and
- WHEREAS, Psoriasis affects approximately 325,000 people in
- 17 Illinois; and
- 18 WHEREAS, Phototherapy is treatment exposing the skin to an
- 19 artificial ultraviolet light source for a set length of time on
- 20 a regular schedule; and

- 1 WHEREAS, Phototherapy is a safe, effective, and commonly
- 2 prescribed first-line treatment for psoriasis; and
- 3 WHEREAS, Phototherapy is also a critical treatment option
- 4 for psoriasis patients who are prevented from taking other
- 5 medications because of conditions such as pregnancy,
- 6 infection, or malignancy; and
- WHEREAS, Surveys of psoriasis patients indicate that
- 8 approximately 18% use phototherapy to treat their psoriasis, or
- 9 about 58,500 people in Illinois; and
- 10 WHEREAS, An inefficient insurance payment structure
- 11 relying upon excessively high copayments interferes with the
- 12 use of this relatively inexpensive treatment and creates a
- barrier to accessing care for patients who need this safe,
- 14 effective, and economical option to treat their disease and
- 15 live a normal life; and
- 16 WHEREAS, The burden of health care costs continues to shift
- 17 to the consumer, and many patients now face copayments as high
- as \$50 for a single phototherapy visit; and
- 19 WHEREAS, A typical start-up regimen for the most common
- 20 type of phototherapy is 3 visits per week for 8 to 12 weeks;

- 1 long-term maintenance regimens are usually required; and
- 2 WHEREAS, Out-of-pocket costs quickly soar and can be as
- 3 much as \$600 for one month of treatment; and
- 4 WHEREAS, The overall cost to the health system of
- 5 phototherapy treatment is relatively economical; and
- 6 WHEREAS, Other treatments for psoriasis, while important
- 7 options for some patients, can have serious side effects and
- 8 pose substantially overall higher costs to the health care
- 9 system; and
- 10 WHEREAS, High copayments are keeping patients from using
- 11 phototherapy and, as a result, they either opt out of treatment
- 12 entirely or prematurely move to more expensive and sometimes
- 13 riskier therapies; and
- 14 WHEREAS, Systemic treatments may have a much lower monthly
- 15 copayment under certain prescription plans than phototherapy,
- discouraging patients from trying phototherapy first; and
- 17 WHEREAS, This unwise and inefficient cost-shifting policy
- 18 can deter patients from pursuing any treatment at all,
- 19 resulting in long-term costs as these patients worsen without
- 20 treatment; this may also result in patients moving on to

- 1 treatments with lower copays to the patient but higher overall
- 2 costs to the health care system; and
- 3 WHEREAS, Organizations, including the National Psoriasis
- 4 Foundation, the Dermatology Nurses' Association, the
- 5 Photomedicine Society, and the American Academy of Dermatology
- 6 Association call for a fair solution in order to ensure access
- 7 to safe, less expensive treatments; and
- 8 WHEREAS, Ninety percent of health care providers in a
- 9 national survey agreed that the substantial copay associated
- 10 with phototherapy limits a patient's ability to undergo this
- 11 form of treatment; and
- 12 WHEREAS, Health care providers continue to express serious
- 13 concern about the number of patients who discontinue
- 14 phototherapy due to the cost, estimating that cost is the most
- common reason for stopping this treatment; and
- 16 WHEREAS, Data is not available to establish the number of
- 17 patients who definitively move prematurely or unnecessarily to
- 18 more expensive systemic medications due to high phototherapy
- 19 copays or do not receive treatment at all for their disease;
- 20 and
- 21 WHEREAS, Uniform information on the costs associated with

- treatment of psoriasis in the State of Illinois and potential 1 2 cost savings to both insurance carriers and patients that may be realized from the elimination or reduction of phototherapy 3 copays is needed to determine a fair and cost-effective 4
- 5 solution for patients, providers, and insurers; therefore, be
- 6 it
- 7 SENATE OF THE NINETY-SIXTH GENERAL RESOLVED, BY THE 8 ASSEMBLY OF THE STATE OF ILLINOIS, that we urge the Department 9 Insurance, in consultation with insurance companies, 10 support groups and medical practitioners for persons with 11 psoriasis, the Department of Central Management Services, and 12 the Department of Healthcare and Family Services to undertake a study on the costs and systemic inefficiencies associated with 13 14 phototherapy treatment and the impact of out-of-pocket costs on 15 the ability of psoriasis patients to access treatment; and be 16 it further
- RESOLVED, That the study may include analyses of costs and 17 the impact to patients who access phototherapy treatments for 18 19 other diseases in addition to psoriasis; and be it further
- 20 RESOLVED, That the Department of Insurance shall examine to the extent possible (i) the number of psoriasis patients in 21 22 Illinois receiving phototherapy; (ii) the costs associated 23 with phototherapy, including cost to the patient, cost to the

- 1 health care provider, and rates of reimbursement by insurance
- 2 carriers; (iii) the number of psoriasis patients who terminate
- 3 phototherapy treatment; (iv) the reasons for termination of
- 4 phototherapy treatment; (v) the treatment options used by
- 5 patients after termination of phototherapy treatment; and (vi)
- 6 the costs associated with treatments used after termination of
- 7 phototherapy treatment; and be it further
- 8 RESOLVED, That suitable copies of this be delivered to the
- 9 Governor, the Director of Insurance, the Director of Central
- 10 Management Services, the Director of Healthcare and Family
- 11 Services, and the Attorney General.