96TH GENERAL ASSEMBLY

State of Illinois

2009 and 2010

SB1506

Introduced 2/18/2009, by Sen. Jacqueline Y. Collins

SYNOPSIS AS INTRODUCED:

New Act 215 ILCS 5/155.36 215 ILCS 134/40 215 ILCS 134/45

Creates the Health Carrier External Review Act. Sets forth standards for independent external review procedures for adverse determinations by a health carrier against a covered person. Provides that the Act applies to an entity subject to the insurance laws and regulations of this State or subject to the jurisdiction of the Director and that contracts or offers to contract concerning any costs of health care. Requires health carriers to notify covered persons and their health care providers in writing of the covered person's right to request an external review as provided by the Act. Sets forth notice requirements. Provides that a request for an external review shall not be made until the covered person has exhausted the health carrier's internal grievance process. Sets forth requirements for standard external reviews and expedited external reviews. Provides that an external review decision is binding on the health carrier and binding on the covered person except to the extent the covered person has other remedies available. Sets forth minimum qualifications for independent review organizations and provides that the Director shall approve independent review organizations eligible to be assigned to conduct external reviews. Provides that each health carrier shall maintain written records of external review requests for each calendar year and submit a report to the Director by March 1 of each year. Provides that the health carrier shall be solely responsible for paying the cost of external reviews. Sets forth disclosure requirements. Amends the Managed Care Reform and Patient Rights Act to provide that an enrollee may appeal adverse decisions in accordance with the Health Carrier External Review Act. Deletes a provision concerning external independent review. Makes other changes. Contains a severability clause. Effective January 1, 2010.

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AN ACT concerning insurance.

Be it enacted by the People of the State of Illinois, 2 represented in the General Assembly: 3

4 Section 1. Short title. This Act may be cited as the Health 5 Carrier External Review Act.

Section 5. Purpose and intent. The purpose of this Act is 6 7 to provide uniform standards for the establishment and 8 maintenance of external review procedures to assure that 9 covered persons have the opportunity for an independent review of an adverse determination or final adverse determination, as 10 defined in this Act. 11

12 Section 10. Definitions. For the purposes of this Act: 13 "Adverse determination" means a determination by a health carrier or its designee utilization review organization that an 14 15 admission, availability of care, continued stay, or other 16 health care service that is a covered benefit has been reviewed and, based upon the information provided, does not meet the 17 18 health carrier's requirements for medical necessity, appropriateness, health care setting, level of care, or 19 20 effectiveness, and the requested service or payment for the 21 service is therefore denied, reduced, or terminated.

"Authorized representative" means: 22

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(i) a person to whom a covered person has given express
 written consent to represent the covered person in an
 external review;

4 (ii) a person authorized by law to provide substituted
5 consent for a covered person;

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(iii) a family member of the covered person; or

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(iv) the covered person's health care provider.

8 "Clinical review criteria" means the written screening 9 procedures, decision abstracts, clinical protocols, and 10 practice guidelines used by a health carrier to determine the 11 necessity and appropriateness of health care services.

12 "Director" means the Director of the Division of Insurance 13 within the Illinois Department of Financial and Professional 14 Regulation.

15 "Covered benefits" or "benefits" means those health care 16 services to which a covered person is entitled under the terms 17 of a health benefit plan.

18 "Covered person" means a policyholder, subscriber, 19 enrollee, or other individual participating in a health benefit 20 plan.

"Emergency medical condition" means the sudden onset of a health condition or illness that requires immediate medical attention, where failure to provide medical attention would result in a serious impairment to bodily functions, serious dysfunction of a bodily organ or part, or would place the person's health in serious jeopardy. 1 "Emergency services" means health care items and services 2 furnished or required to evaluate and treat an emergency 3 medical condition.

4 "Evidence-based standard" means a standard of care 5 developed through the judicious use of the current best 6 evidence and based on an overall systematic review of 7 applicable research.

8 "Facility" means an institution providing health care9 services or a health care setting.

10 "Final adverse determination" means an adverse 11 determination involving a covered benefit that has been upheld 12 by a health carrier, or its designee utilization review organization, at the completion of the health carrier's 13 14 internal grievance process procedures as set forth in Section 15 45 of the Managed Care Reform and Patient Rights Act.

16 "Health benefit plan" means a policy, contract, 17 certificate, plan, or agreement offered or issued by a health 18 carrier to provide, deliver, arrange for, pay for, or reimburse 19 any of the costs of health care services.

20 "Health care provider" or "provider" means a physician or 21 other health care practitioner licensed, accredited, or 22 certified to perform specified health care services consistent 23 with State law, responsible for recommending health care 24 services on behalf of a covered person.

25 "Health care services" means services for the diagnosis, 26 prevention, treatment, cure, or relief of a health condition,

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1 illness, injury, or disease.

2 "Health carrier" means an entity subject to the insurance 3 laws and regulations of this State, or subject to the jurisdiction of the Director, that contracts or offers to 4 5 contract to provide, deliver, arrange for, pay for, or 6 reimburse any of the costs of health care services, including a 7 sickness and accident insurance company, a health maintenance 8 organization, a nonprofit hospital and health service 9 corporation, or any other entity providing a plan of health 10 insurance, health benefits, or health care services. "Health 11 carrier" also means Limited Health Service Organizations 12 (LHSO) and Voluntary Health Service Plans.

13 "Health information" means information or data, whether 14 oral or recorded in any form or medium, and personal facts or 15 information about events or relationships that relate to:

16 (1) the past, present, or future physical, mental, or
17 behavioral health or condition of an individual or a member
18 of the individual's family;

19 (2) the provision of health care services to an20 individual; or

(3) payment for the provision of health care servicesto an individual.

23 "Independent review organization" means an entity that 24 conducts independent external reviews of adverse 25 determinations and final adverse determinations.

26 "Medical or scientific evidence" means evidence found in

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1 the following sources:

(1) peer-reviewed scientific studies published in or
accepted for publication by medical journals that meet
nationally recognized requirements for scientific
manuscripts and that submit most of their published
articles for review by experts who are not part of the
editorial staff;

8 (2) peer-reviewed medical literature, including 9 literature relating to therapies reviewed and approved by a 10 qualified institutional review board. biomedical 11 compendia, and other medical literature that meet the 12 criteria of the National Institutes of Health's Library of 13 Medicine for indexing in Index Medicus (Medline) and 14 Elsevier Science Ltd. for indexing in Excerpta Medicus (EMBASE); 15

16 (3) medical journals recognized by the Secretary of 17 Health and Human Services under Section 1861(t)(2) of the 18 federal Social Security Act;

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(4) the following standard reference compendia:

20 (a) The American Hospital Formulary Service-Drug
 21 Information;

(b) Drug Facts and Comparisons;

(c) The American Dental Association Accepted
 Dental Therapeutics; and

25 (d) The United States Pharmacopoeia-Drug26 Information;

(5) findings, studies, or research conducted by or 1 2 under the auspices of federal government agencies and 3 nationally recognized federal research institutes, including: 4 5 (a) the federal Agency for Healthcare Research and 6 Quality; 7 (b) the National Institutes of Health; (c) the National Cancer Institute; 8 9 (d) the National Academy of Sciences; 10 (e) the Centers for Medicare & Medicaid Services: 11 (f) the federal Food and Drug Administration; and 12 (g) any national board recognized by the National 13 Institutes of Health for the purpose of evaluating the medical value of health care services; or 14 (6) any other medical or scientific evidence that is 15 16 comparable to the sources listed in items (1) through (5). 17 "Protected health information" means health information (i) that identifies an individual who is the subject of the 18 19 information; or (ii) with respect to which there is a 20 reasonable basis to believe that the information could be used 21 to identify an individual. 22 "Utilization review" has the meaning provided by the 23 Managed Care Reform and Patient Rights Act.

24 "Utilization review organization" means a utilization 25 review program as defined by the Managed Care Reform and 26 Patient Rights Act. 1

Section 15. Applicability and scope.

2 (a) Except as provided in subsection (b), this Act shall3 apply to all health carriers.

4 (b) The provisions of this Act shall not apply to a policy 5 or certificate that provides coverage only for a specified 6 disease, specified accident or accident-only coverage, credit, 7 dental, disability income, hospital indemnity, long-term care 8 insurance, as defined by Article XIXA of the Illinois Insurance 9 Code, vision care, or any other limited supplemental benefit or 10 to a Medicare supplement policy of insurance, as defined by the 11 Director by regulation, coverage under a plan through Medicare, 12 Medicaid, or the federal employees health benefits program, any coverage issued under Chapter 55 of Title 10, U.S. Code and any 13 14 coverage issued as supplement to that coverage, any coverage 15 issued as supplemental to liability insurance, workers' 16 compensation or similar insurance, automobile medical-payment insurance, or any insurance under which benefits are payable 17 with or without regard to fault, whether written on a group 18 blanket or individual basis. 19

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Section 20. Notice of right to external review.

(a) At the same time the health carrier sends written
notice of a covered person's right to appeal a coverage
decision as provided by the Managed Care Reform and Patient
Rights Act, a health carrier shall notify a covered person and

1 a covered person's health care provider in writing of the 2 covered person's right to request an external review as 3 provided by this Act.

The written notice required shall include the 4 (1)following, or substantially equivalent, language: "We have 5 6 denied your request for the provision of or payment for a 7 health care service or course of treatment. You have the 8 right to have our decision reviewed by an independent 9 review organization not associated with us if our decision 10 involved making a judgment as to the medical necessity, 11 appropriateness, health care setting, level of care, or 12 effectiveness of the health care service or treatment you 13 requested by submitting a written request for an external 14 review to us. Upon receipt of your request an independent 15 review organization registered with the Department of 16 Financial and Professional Regulation, Division of 17 Insurance will be assigned to review our decision.".

18 (2) The notice shall also include the appropriate
19 statements and information set forth in subsection (b) of
20 this Section.

21 (b) Expedited review prior to а final adverse 22 determination. The health carrier shall include in the notice 23 required under subsection (a) of this Section for a notice 24 related to an adverse determination, a statement informing the 25 covered person that:

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(1) If the covered person has a medical condition where

the timeframe for completion of an expedited internal 1 review of a grievance involving an adverse determination 2 3 set forth in the Managed Care Reform and Patient Rights Act would seriously jeopardize the life or health of the 4 5 covered person or would jeopardize the covered person's 6 ability to regain maximum function, the covered person or 7 the covered person's authorized representative may file a 8 request for an expedited external review.

9 The covered person or the covered person's (2)10 authorized representative may file a request for an 11 expedited external review at the same time the covered 12 person or the covered person's authorized representative 13 files a request for an expedited internal appeal involving 14 an adverse determination as set forth in the Managed Care 15 Reform and Patient Rights Act, if the adverse determination 16 involves a denial of coverage based on a determination that 17 recommended or requested health care service or the and the 18 treatment is experimental or investigational 19 covered person's health care provider certifies in writing 20 that the recommended or requested health care service or 21 treatment that is the subject of the adverse determination 22 would be significantly less effective if not promptly initiated. The independent review organization assigned to 23 24 conduct the expedited external review will determine 25 whether the covered person shall be required to complete 26 the expedited review of the grievance prior to conducting

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the expedited external review.

2 (c) Expedited review upon final adverse determination. The 3 health carrier shall include in the notice required under subsection (a) for а notice related to 4 an adverse 5 determination, a statement informing the covered person that:

6 (1) if the covered person has a medical condition where 7 the timeframe for completion of a standard external review 8 would seriously jeopardize the life or health of the 9 covered person or would jeopardize the covered person's 10 ability to regain maximum function, then the covered person 11 or the covered person's authorized representative may file 12 a request for an expedited external review;

if a final adverse determination concerns 13 (2)an 14 admission, availability of care, continued stay, or health 15 care service for which the covered person received 16 emergency services, but has not been discharged from a 17 facility, then the covered person, or the covered person's 18 authorized representative, may request an expedited 19 external review: or

20 (3) if a final adverse determination concerns a denial of coverage based on a determination that the recommended 21 22 requested health care service or treatment or is 23 experimental or investigational, and the covered person's 24 health care provider certifies in writing that the 25 recommended or requested health care service or treatment 26 that is the subject of the request would be significantly less effective if not promptly initiated, then the covered person or the covered person's authorized representative may request an expedited external review.

(d) In addition to the information to be provided pursuant 4 5 to subsections (a), (b), and (c) of this Section, the health carrier shall include a copy of the description of both the 6 7 required standard and expedited external review procedures. 8 The description shall highlight the external review procedures 9 that give the covered person or the covered person's authorized 10 representative the opportunity to submit additional 11 information, including any forms used to process an external 12 review.

13 (e) In addition to the information to be provided under 14 subsections (a), (b), or (c) of this Section, the health 15 carrier shall include an authorization form that complies with 16 the requirements of the federal Health Insurance Portability 17 and Accountability Act (HIPAA) (45 CFR Section 164.508), by which the covered person, for purposes of conducting an 18 external review under this Act, authorizes the health carrier 19 20 and the covered person's health care provider to disclose 21 protected health information, including medical records, 22 concerning the covered person that are pertinent to the 23 external review.

24 Section 25. Request for external review. A covered person 25 or the covered person's authorized representative may make a

request for an external or expedited external review of an 1 2 adverse determination or final adverse determination. Requests under this Section shall be made directly to the health carrier 3 that made the adverse or final adverse determination. All 4 5 requests for external review shall be in writing except for requests for expedited external reviews which may me made 6 7 orally. Health carriers must provide covered persons with forms 8 to request external reviews.

9 Section 30. Exhaustion of internal grievance process. 10 Except as provided in subsection (b) of Section 20 of this Act, 11 a request for an external review shall not be made until the 12 covered person has exhausted the health carrier's internal 13 grievance process as set forth in the Managed Care Reform and 14 Patient Rights Act. A covered person shall also be considered 15 to have exhausted the health carrier's internal grievance 16 process for purposes of this Section:

(a) If the covered person or the covered person's 17 18 authorized representative filed a request for an internal 19 review of an adverse determination pursuant to the Managed 20 Care Reform and Patient Rights Act and has not received a 21 written decision on the request from the health carrier 22 within 15 days, except to the extent the covered person or the covered person's authorized representative requested 23 24 or agreed to a delay; or

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(b) If the covered person or the covered person's

authorized representative filed a request for an expedited internal review of an adverse determination pursuant to the Managed Care Reform and Patient Rights Act and has not received a decision on request from the health carrier within 48 hours, except to the extent the covered person or the covered person's authorized representative requested or agreed to a delay.

8 A covered person need not exhaust a heath carrier's 9 internal grievance procedures as set forth in the Managed Care 10 Reform and Patient Rights Act if the health carrier agrees to 11 waive the exhaustion requirement.

12 Section 35. Standard external review.

13 (a) Within 4 months after the date of receipt of a notice 14 of an adverse determination or final adverse determination, a 15 covered person or the covered person's authorized 16 representative may file a request for an external review with the health carrier. 17

(b) Within 5 business days following the date of receipt of
the external review request, the health carrier shall complete
a preliminary review of the request to determine whether:

(1) the individual is or was a covered person in the health benefit plan at the time the health care service was requested or at the time the health care service was provided;

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(2) the health care service that is the subject of the

adverse determination or the final adverse determination 1 is a covered service under the covered person's health 2 3 benefit plan, but the health carrier has determined that the health care service is not covered because it does not 4 5 meet the health carrier's requirements for medical 6 necessity, appropriateness, health care setting, level of 7 care, or effectiveness;

8 (3) the covered person has exhausted the health 9 carrier's internal grievance process as set forth in 10 Section 30 of this Act;

11 (4) for appeals relating to a determination based on 12 treatment being experimental or investigational, the 13 covered person's health care provider has certified that 14 one of the following situations is applicable:

(A) standard health care services or treatments
have not been effective in improving the condition of
the covered person;

(B) standard health care services or treatments
are not medically appropriate for the covered person;

20 (C) there is no available standard health care 21 service or treatment covered by the health carrier that 22 is more beneficial than the recommended or requested 23 health care service or treatment;

(D) the health care service or treatment is likely
to be more beneficial to the covered person, in the
health care provider's opinion, than any available

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standard health care services or treatments; or

2 (E) that scientifically valid studies using 3 accepted protocols demonstrate that the health care 4 service or treatment requested is likely to be more 5 beneficial to the covered person than any available 6 standard health care services or treatments; and

7 (5) The covered person has attempted to provide all the
8 information and forms minimally required to process an
9 external review as specified in this Act.

10 (c) Within one business day after completion of the 11 preliminary review, the health carrier shall notify the covered 12 person, the covered person's health care provider, and, if 13 applicable, the covered person's authorized representative in 14 writing whether the request is complete and eligible for 15 external review. If the request:

16 (i) is not complete, the health carrier shall 17 inform the covered person, the covered person's health 18 care provider and, if applicable, the covered person's 19 authorized representative in writing and include in 20 the notice what information or materials are required 21 by this Act to make the request complete; or

22 (ii) is not eligible for external review, the 23 health carrier shall inform the covered person, the 24 covered person's health care provider, and if 25 applicable, the covered person's authorized 26 representative in writing and include in the notice the

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reasons for its ineligibility.

The notice of initial determination of ineligibility shall include a statement informing the covered person, the covered person's health care provider and, if applicable, the covered person's authorized representative that a health carrier's initial determination that the external review request is ineligible for review may be appealed to the Director by filing a complaint with the Director.

9 Notwithstanding a health carrier's initial 10 determination that the request is ineligible and require 11 that it be referred for external review, the Director may 12 determine that a request is eligible for external review.

13 (d) Whenever a request is eligible for external review the 14 health carrier shall, within 3 business days:

(1) assign an independent review organization from the
list of approved independent review organizations compiled
and maintained by the Director; and

18 (2) notify in writing the covered person, the covered 19 person's health care provider and, if applicable, the 20 covered person's authorized representative of the 21 request's eligibility and acceptance for external review 22 and the name of the independent review organization.

The health carrier shall include in the notice provided to the covered person, the covered person's health care provider and, if applicable, the covered person's authorized representative a statement that the covered person or the

covered person's authorized representative may, within 5 1 2 business days following the date of receipt of the notice provided pursuant to item (1) of this subsection (d), submit in 3 the assigned independent review organization 4 writing to 5 additional information that the independent review 6 organization shall consider when conducting the external 7 review. The independent review organization is not required to, but may, accept and consider additional information submitted 8 9 after 5 business days.

10 (e) The assignment of an approved independent review 11 organization to conduct an external review in accordance with 12 this Section shall be done on a random basis among those 13 approved independent review organizations qualified to conduct 14 external review except for instances of conflict of interest 15 concerns pursuant to this Act.

16 (f) Upon assignment of an independent review organization, 17 the health carrier or its designee utilization review 18 organization shall, within 5 business days, provide to the 19 assigned independent review organization the documents and any 20 information considered in making the adverse determination or 21 final adverse determination.

22 (1) Except as provided in item (2) of this subsection 23 (f), failure by the health carrier or its utilization 24 review organization to provide the documents and 25 information within the specified time frame shall not delay 26 the conduct of the external review.

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(2) If the health carrier or its utilization review 1 2 provide organization fails to the documents and 3 information within the specified time frame, the assigned independent review organization may terminate the external 4 5 review and make a decision to reverse the adverse determination or final adverse determination. 6

7 (3) Within one business day after making the decision to terminate the external review and make a decision to 8 9 reverse the adverse determination or final adverse 10 determination under item (2) of this subsection (f), the 11 independent review organization shall notify the health 12 carrier, the covered person, the covered person's health 13 care provider and, if applicable, the covered person's authorized representative, of its decision to reverse the 14 15 adverse determination.

16 (g) Upon receipt of the information from the health carrier 17 its utilization review organization, the assigned or independent review organization shall review all of the 18 19 information and documents and any other information submitted 20 in writing to the independent review organization by the 21 covered person and the covered person's authorized 22 representative.

(h) Upon receipt of any information submitted by the covered person or the covered person's authorized representative, the independent review organization shall forward the information to the health carrier within 1 business

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1 day.

2 (1) Upon receipt of the information, if any, the health 3 carrier may reconsider its adverse determination or final 4 adverse determination that is the subject of the external 5 review.

6 (2) Reconsideration by the health carrier of its 7 adverse determination or final adverse determination shall 8 not delay or terminate the external review.

9 (3) The external review may only be terminated if the 10 health carrier decides, upon completion of its 11 reconsideration, to reverse its adverse determination or 12 final adverse determination and provide coverage or payment for the health care service that is the subject of 13 the adverse determination or final adverse determination. 14 15 In such cases, the following provisions shall apply:

16 (A) Within one business day after making the 17 decision to reverse its adverse determination or final adverse determination, the health carrier shall notify 18 19 the covered person, the covered person's health care 20 provider, if applicable, the covered person's 21 authorized representative, and the assigned 22 independent review organization in writing of its 23 decision.

(B) Upon notice from the health carrier that the
health carrier has made a decision to reverse its
adverse determination or final adverse determination,

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the assigned independent review organization shall terminate the external review.

(i) In addition to the documents and information provided by the health carrier or its utilization review organization and the covered person and the covered person's authorized representative, if any, the independent review organization,

7 to the extent the information or documents are available and 8 the independent review organization considers them 9 appropriate, shall consider the following in reaching a 10 decision:

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(1) the covered person's pertinent medical records;

12 (2) the covered person's health care provider's 13 recommendation;

14 (3) consulting reports from appropriate health care 15 providers and other documents submitted by the health 16 carrier, the covered person, and the covered person's 17 authorized representative;

(4) the terms of coverage under the covered person's health benefit plan with the health carrier to ensure that the health care service or treatment that is the subject of the opinion is experimental or investigational would otherwise be covered under the terms of coverage of the covered person's health benefit plan with the health carrier;

(5) the most appropriate practice guidelines, whichshall include applicable evidence-based standards and may

include any other practice guidelines developed by the
 federal government, national or professional medical
 societies, boards, and associations;

4 (6) any applicable clinical review criteria developed
5 and used by the health carrier or its designee utilization
6 review organization; and

7 (7) the opinion of the independent review 8 organization's clinical reviewer or reviewers after 9 considering items (1) through (6) of this subsection (i) to the extent the information or documents are available and 10 11 the clinical reviewer or reviewers considers the 12 information or documents relevant.

13 (j) Within 5 days after the date of receipt of all 14 necessary information, the assigned independent review 15 organization shall provide written notice of its decision to 16 uphold or reverse the adverse determination or the final 17 adverse determination to the health carrier, the covered person, the covered person's health care provider and, if 18 19 applicable, the covered person's authorized representative. In 20 such cases, the following provisions shall apply:

(1) The independent review organization shall includein the notice:

(A) a general description of the reason for therequest for external review;

(B) the date the independent review organization
 received the assignment from the health carrier to

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conduct the external review;

2 (C) the time period during which the external 3 review was conducted;

4 (D) references to the evidence or documentation,
5 including the evidence-based standards, considered in
6 reaching its decision.

(E) the date of its decision; and

8 (F) the principal reason or reasons for its 9 decision, including what applicable, if any, 10 evidence-based standards that were a basis for its 11 decision.

12 (2) For reviews of experimental or investigational
13 treatments, the notice shall include the following
14 information:

(A) a description of the covered person's medicalcondition;

17 (B) a description of the indicators relevant to whether there is sufficient evidence to demonstrate 18 19 that the recommended or requested health care service 20 or treatment is more likely than not to be more 21 beneficial to the covered person than any available 22 standard health care services or treatments and the 23 adverse risks of the recommended or requested health 24 care service or treatment would not be substantially 25 increased over those of available standard health care 26 services or treatments;

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1 (C) a description and analysis of any medical or 2 scientific evidence considered in reaching the 3 opinion;

4 (D) a description and analysis of any 5 evidence-based standards; and

6 (E) whether the recommended or requested health 7 care service or treatment has been approved by the 8 federal Food and Drug Administration, for the 9 condition; or

10 (F) Whether medical or scientific evidence or evidence-based standards demonstrate that the expected 11 12 benefits of the recommended or requested health care 13 service or treatment is more likely than not to be more 14 beneficial to the covered person than any available 15 standard health care service or treatment and the 16 adverse risks of the recommended or requested health 17 care service or treatment would not be substantially increased over those of available standard health care 18 19 services or treatments; in reaching a decision, the 20 assigned independent review organization is not bound 21 by any decisions or conclusions reached during the 22 health carrier's utilization review process or the 23 health carrier's internal grievance or appeals 24 process.

(3) Upon receipt of a notice of a decision reversing
 the adverse determination or final adverse determination,

the health carrier immediately shall approve the coverage
 that was the subject of the adverse determination or final
 adverse determination.

4 Section 40. Expedited external review.

5 (a) A covered person or a covered person's authorized 6 representative may file a request for an expedited external 7 review with the health carrier either orally or in writing;

- 8 (1) immediately after the date of receipt of a notice a 9 final adverse determination as provided by subsection (c) 10 of Section 20; or
- (2) if a health carrier fails to provide a decision on request for an expedited internal appeal within 48 hours as provided by subsection (b) of Section 30.

(b) Upon receipt of a request for an expedited external review as provided in subsections (b) and (c) of Section 20, the health carrier shall immediately assign an independent review organization from the list of approved independent review organizations compiled and maintained by the Director to conduct the expedited review. In such cases, the following provisions shall apply:

(1) The assignment by the health carrier of an approved independent review organization to conduct an external review in accordance with this Section shall be done on a random basis among those approved independent review organizations except as may be prohibited by conflict of

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interest concerns pursuant to Section 60 of this Act.

2 (2) Immediately upon assigning an independent review 3 organization to perform an expedited external review, but in no case less than 24 hours after assigning the 4 5 independent review organization, the health carrier or its designee utilization review organization shall provide or 6 7 transmit all necessary documents and information 8 considered in making the final adverse determination to the 9 assigned independent review organization electronically or 10 bv telephone or facsimile or any other available 11 expeditious method.

12 (3) If the health carrier or its utilization review 13 fails organization to provide the documents and 14 information within the specified time frame, the assigned 15 independent review organization may terminate the external 16 review and make a decision to reverse the adverse 17 determination or final adverse determination.

(4) Within one business day after making the decision 18 to terminate the external review and make a decision to 19 20 adverse determination or final reverse the adverse determination under item (2) of this subsection (b), the 21 22 independent review organization shall notify the health 23 carrier, the covered person, the covered person's health 24 care provider and, if applicable, the covered person's 25 authorized representative of its decision to reverse the 26 adverse determination.

1 (c) In addition to the documents and information provided 2 by the health carrier or its utilization review organization 3 and any documents and information provided by the covered 4 person and the covered person's authorized representative, the 5 independent review organization shall consider the following 6 in reaching a decision:

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the covered person's pertinent medical records;

8 (2) the covered person's health care provider's 9 recommendation;

10 (3) consulting reports from appropriate health care 11 providers and other documents submitted by the health 12 carrier, the covered person and the covered person's 13 authorized representative;

(4) the terms of coverage under the covered person's health benefit plan with the health carrier to ensure that the health care service or treatment that is the subject of the opinion is experimental or investigational would otherwise be covered under the terms of coverage of the covered person's health benefit plan with the health carrier;

(5) the most appropriate practice guidelines, which shall include applicable evidence-based standards and may include any other practice guidelines developed by the federal government, national or professional medical societies, boards, and associations;

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(6) any applicable clinical review criteria developed

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1 and used by the health carrier or its designee utilization 2 review organization; and

3 (7) whether for experimental or investigational4 denials:

5 (A) the recommended or requested health care 6 service or treatment has been approved by the federal 7 Food and Drug Administration, if applicable, for the 8 condition; or

9 (B) medical scientific evidence or or 10 evidence-based standards demonstrate that the expected 11 benefits of the recommended or requested health care 12 service or treatment is more likely than not to be 13 beneficial to the covered person than any available 14 standard health care service or treatment and the 15 adverse risks of the recommended or requested health 16 care service or treatment would not be substantially 17 increased over those of available standard health care services or treatments. 18

(d) As expeditiously as the covered person's medical condition or circumstances requires, but in no event more than 48 hours after the receipt of all pertinent information, the assigned independent review organization shall:

(1) make a decision to uphold or reverse the finaladverse determination; and

(2) notify the health carrier, the covered person, the
 covered person's health care provider, and if applicable,

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the covered person's authorized representative, of the decision.

In reaching a decision, the assigned independent review organization is not bound by any decisions or conclusions reached during the health carrier's utilization review process or the health carrier's internal grievance process as set forth in the Managed Care Reform and Patient Rights Act.

8 Upon receipt of notice of a decision reversing the final 9 adverse determination, the health carrier shall immediately 10 approve the coverage that was the subject of the final adverse 11 determination. Within 48 hours after the date of providing the 12 notice required in this subsection (d), the assigned 13 review organization shall provide independent written 14 confirmation of the decision to the health carrier, the covered 15 person, the covered person's health care provider, and if 16 applicable, the covered person's authorized representative 17 including:

18 (A) a general description of the reason for the19 request for external review;

(B) the date the independent review organization
received the assignment from the health carrier to
conduct the external review;

23 (C) the date the external review was conducted;

(D) the date of its decision;

(E) the principal reason or reasons for itsdecision, including what applicable, if any,

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1 evidence-based standards were a basis for its
2 decision; and

3 (F) references to the evidence or documentation,
4 including the evidence-based standards, considered in
5 reaching its decision.

Section 45. Binding nature of external review decision. An 6 7 external review decision is binding on the health carrier. An 8 external review decision is binding on the covered person 9 except to the extent the covered person has other remedies 10 available under applicable federal or State law. A covered 11 person or the covered person's authorized representative may 12 not file a subsequent request for external review involving the same adverse determination or final adverse determination for 13 which the covered person has already received an external 14 15 review decision pursuant to this Act.

Section 50. Approval of independent review organizations.
(a) The Director shall approve independent review
organizations eligible to be assigned to conduct external
reviews under this Act.

(b) In order to be eligible for approval by the Director under this Section to conduct external reviews under this Act an independent review organization:

(1) except as otherwise provided in this Section, shall
be accredited by a nationally recognized private

1 accrediting entity that the Director has determined has 2 independent review organization accreditation standards 3 that are equivalent to or exceed the minimum qualifications 4 for independent review; and

5 (2) shall submit an application for approval in 6 accordance with subsection (d) of this Section.

7 (c) The Director shall develop an application form for
8 initially approving and for reapproving independent review
9 organizations to conduct external reviews.

10 (d) Any independent review organization wishing to be 11 approved to conduct external reviews under this Act shall 12 submit the application form and include with the form all 13 documentation and information necessary for the Director to 14 determine if the independent review organization satisfies the Act. 15 minimum qualifications established under this The 16 Director may:

17 (1) approve independent review organizations that are accredited by a nationally recognized 18 private not accrediting entity if there are no acceptable nationally 19 20 recognized private accrediting entities providing 21 independent review organization accreditation; and

(2) by rule establish an application fee that
 independent review organizations shall submit to the
 Director with an application for approval and renewing.

(e) An approval is effective for 2 years, unless theDirector determines before its expiration that the independent

1 review organization is not satisfying the minimum
2 qualifications established under this Act.

(f) Whenever the Director determines that an independent 3 review organization has lost its accreditation or no longer 4 5 satisfies the minimum requirements established under this Act, 6 the Director shall terminate the approval of the independent 7 review organization and remove the independent review 8 organization from the list of independent review organizations 9 approved to conduct external reviews under this Act that is 10 maintained by the Director.

11 (g) The Director shall maintain and periodically update a 12 list of approved independent review organizations.

13 (h) The Director may promulgate regulations to carry out14 the provisions of this Section.

Section 55. Minimum qualifications for independent Review organizations.

17 (a) To be approved to conduct external reviews, an 18 independent review organization shall have and maintain 19 written policies and procedures that govern all aspects of both 20 the standard external review process and the expedited external 21 review process set forth in this Act that include, at a 22 minimum:

(1) a quality assurance mechanism that ensures that:
(A) external reviews are conducted within the
specified time frames and required notices are

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provided in a timely manner;

(B) selection of qualified and impartial clinical reviewers to conduct external reviews on behalf of the independent review organization and suitable matching of reviewers to specific cases and that the independent review organization employs or contracts with an adequate number of clinical reviewers to meet this objective;

9 (C) assigning clinical reviewers, in the 10 independent review organization selects physicians or 11 other health care professionals who, through clinical 12 experience in the past 3 years, are experts in the 13 treatment of the covered person's condition and 14 knowledgeable about the recommended or requested 15 health care service or treatment;

16 (D) the health carrier, the covered person and the 17 covered person's authorized representative shall not 18 choose or control the choice of the physicians or other 19 health care professionals to be selected to conduct the 20 external review;

(E) confidentiality of medical and treatment
 records and clinical review criteria; and

(F) any person employed by or under contract with
the independent review organization adheres to the
requirements of this Act;

(2) a toll-free telephone service operating on a

24-hour-day, 7-day-a-week basis that accepts, receives, 1 2 and records information related to external reviews and 3 provides appropriate instructions; and

(3) an agreement to maintain and provide to the 4 5 Director the information set out in Section 70 of this Act. (b) All clinical reviewers assigned by an independent 6 7 review organization to conduct external reviews shall be 8 physicians or other appropriate health care providers who meet 9 the following minimum qualifications:

(1) be an expert in the treatment of the covered 10 11 person's medical condition that is the subject of the 12 external review;

13 (2) be knowledgeable about the recommended health care 14 service or treatment through recent or current actual 15 clinical experience treating patients with the same or 16 similar medical condition of the covered person;

17 (3) hold a non-restricted license in a state of the United States and, for physicians, a current certification 18 19 by a recognized American medical specialty board in the 20 area or areas appropriate to the subject of the external review; and 21

22 have no history of disciplinary actions (4) or 23 including loss of staff privileges sanctions, or participation restrictions, that have been taken or are 24 25 pending by any hospital, governmental agency or unit, or 26 regulatory body that raise a substantial question as to the

clinical reviewer's physical, mental, or professional
 competence or moral character.

(c) In addition to the requirements set forth in subsection
(a), an independent review organization may not own or control,
be a subsidiary of, or in any way be owned, or controlled by,
or exercise control with a health benefit plan, a national,
State, or local trade association of health benefit plans, or a
national, State, or local trade association of health care
providers.

10 (d) Conflicts of interest prohibited. In addition to the 11 requirements set forth in subsections (a), (b), and (c) of this 12 Section, to be approved pursuant to this Act to conduct an external review of a specified case, neither the independent 13 14 review organization selected to conduct the external review nor 15 any clinical reviewer assigned by the independent organization 16 conduct the external review may have а material to 17 professional, familial or financial conflict of interest with any of the following: 18

19 (1) the health carrier that is the subject of the20 external review;

(2) (2) the covered person whose treatment is the subject of the external review or the covered person's authorized representative;

(3) any officer, director or management employee of the
health carrier that is the subject of the external review;
(4) the health care provider, the health care

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provider's medical group or independent practice association recommending the health care service or treatment that is the subject of the external review;

4 (5) the facility at which the recommended health care 5 service or treatment would be provided; or

6 (6) The developer or manufacturer of the principal 7 drug, device, procedure, or other therapy being 8 recommended for the covered person whose treatment is the 9 subject of the external review.

10 (e) An independent review organization that is accredited 11 by a nationally recognized private accrediting entity that has 12 independent review accreditation standards that the Director 13 has determined are equivalent to or exceed the minimum 14 qualifications of this Section shall be presumed to be in 15 compliance with this Section and shall be eligible for approval 16 under this Section.

(f) An independent review organization shall be unbiased.
An independent review organization shall establish and
maintain written procedures to ensure that it is unbiased in
addition to any other procedures required under this Section.

21 Section 60. Hold harmless for independent review 22 organizations. No independent review organization or clinical 23 reviewer working on behalf of an independent review 24 organization or an employee, agent or contractor of an 25 independent review organization shall be liable for damages to any person for any opinions rendered or acts or omissions performed within the scope of the organization's or person's duties under the law during or upon completion of an external review conducted pursuant to this Act, unless the opinion was rendered or act or omission performed in bad faith or involved gross negligence.

7 Section 65. External review reporting requirements.

8 (a) Each health carrier shall maintain written records in 9 the aggregate on all requests for external review for each 10 calendar year and submit a report to the Director in the format 11 specified by the Director by March 1 of each year.

12 (b) The report shall include in the aggregate:

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(1) the total number of requests for external review;

14 (2) the total number of requests for expedited external15 review;

16 (3) the total number of requests for external review 17 denied;

18 (4) the number of requests for external review 19 resolved, including:

20 (A) the number of requests for external review
21 resolved upholding the adverse determination or final
22 adverse determination;

(B) the number of requests for external review
resolved reversing the adverse determination or final
adverse determination;

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1 (C) the number of requests for expedited external 2 review resolved upholding the adverse determination or 3 final adverse determination; and

4 (D) the number of requests for expedited external
5 review resolved reversing the adverse determination or
6 final adverse determination;

7 (5) the average length of time for resolution for an
8 external review;

9 (6) the average length of time for resolution for an
10 expedited external review;

(7) a summary of the types of coverages or cases for
which an external review was sought, as specified below:

(A) denial of care or treatment (dissatisfaction regarding prospective non-authorization of a request for care or treatment recommended by a provider excluding diagnostic procedures and referral requests; partial approvals and care terminations are also considered to be denials);

19(B) denialofdiagnosticprocedure20(dissatisfactionregardingprospective21non-authorizationofarequestforadiagnostic22procedurerecommendedbyaprovider;partialapprovals23arealsoconsideredtobedenials);

(C) denial of referral request (dissatisfaction
 regarding non-authorization of a request for a
 referral to another provider recommended by a PCP);

(D) claims and utilization review (dissatisfaction 1 2 regarding the concurrent or retrospective evaluation 3 of the coverage, medical necessity, efficiency or appropriateness of health care services or treatment 4 5 plans; prospective "Denials of care or treatment," "Denials of diagnostic procedures" and "Denials of 6 7 referral requests" should not be classified in this category, but the appropriate one above); 8

9 (8) the number of external reviews that were terminated 10 as the result of a reconsideration by the health carrier of 11 its adverse determination or final adverse determination 12 after the receipt of additional information from the 13 covered person or the covered person's authorized 14 representative; and

15 (9) any other information the Director may request or 16 require.

Section 70. Funding of external review. The health carrier shall be solely responsible for paying the cost of external reviews conducted by independent review organizations.

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Section 75. Disclosure requirements.

(a) Each health carrier shall include a description of the
external review procedures in, or attached to, the policy,
certificate, membership booklet, and outline of coverage or
other evidence of coverage it provides to covered persons.

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(b) The description required under subsection (a) of this 1 2 Section shall include a statement that informs the covered 3 person of the right of the covered person to file a request for an external review of an adverse determination or final adverse 4 determination with the health carrier. The statement shall 5 explain that external review is available when the adverse 6 7 determination or final adverse determination involves an issue 8 of medical necessity, appropriateness, health care setting, 9 level of care, or effectiveness. The statement shall include 10 the toll-free telephone number and address of the Office of 11 Consumer Health Insurance within the Division of Insurance.

12 (c) In addition to subsection (b) of this Section, the 13 statement shall inform the covered person that, when filing a 14 request for an external review, the covered person will be 15 required to authorize the release of any medical records of the 16 covered person that may be required to be reviewed for the 17 purpose of reaching a decision on the external review.

Section 90. The Illinois Insurance Code is amended by changing Sections 155.36 as follows:

20 (215 ILCS 5/155.36)

Sec. 155.36. Managed Care Reform and Patient Rights Act. Insurance companies that transact the kinds of insurance authorized under Class 1(b) or Class 2(a) of Section 4 of this Code shall comply with <u>Sections 45</u>, <u>Section</u> 85 and the

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24 other health care provider is required for coverage. The

application shall be made to the enrollee's primary care 1 2 physician. This procedure for a standing referral must specify the necessary criteria and conditions that must be met in order 3 for an enrollee to obtain a standing referral. A standing 4 5 referral shall be effective for the period necessary to provide 6 the referred services or one year, except in the event of termination of a contract or policy in which case Section 25 on 7 8 transition of services shall apply, if applicable. A primary 9 care physician may renew and re-renew a standing referral.

10 (c) The enrollee may be required by the health care plan to 11 select a specialist physician or other health care provider who 12 has a referral arrangement with the enrollee's primary care physician or to select a new primary care physician who has a 13 14 referral arrangement with the specialist physician or other 15 health care provider chosen by the enrollee. If a health care 16 plan requires an enrollee to select a new physician under this 17 subsection, the health care plan must provide the enrollee with both options provided in this subsection. When a participating 18 specialist with a referral arrangement is not available, the 19 20 primary care physician, in consultation with the enrollee, shall arrange for the enrollee to have access to a qualified 21 22 participating health care provider, and the enrollee shall be 23 allowed to stay with his or her primary care physician. If a secondary referral is necessary, the specialist physician or 24 25 other health care provider shall advise the primary care 26 physician. The primary care physician shall be responsible for

1 making the secondary referral. In addition, the health care 2 plan shall require the specialist physician or other health 3 care provider to provide regular updates to the enrollee's 4 primary care physician.

5 (d) When the type of specialist physician or other health care provider needed to provide ongoing care for a specific 6 7 condition is not represented in the health care plan's provider 8 network, the primary care physician shall arrange for the 9 enrollee to have access to a qualified non-participating health 10 care provider within a reasonable distance and travel time at 11 no additional cost beyond what the enrollee would otherwise pay 12 for services received within the network. The referring physician shall notify the plan when a referral is made outside 13 the network. 14

(e) The enrollee's primary care physician shall remain 15 16 responsible for coordinating the care of an enrollee who has 17 received a standing referral to a specialist physician or other health care provider. If a secondary referral is necessary, the 18 specialist physician or other health care provider shall advise 19 20 the primary care physician. The primary care physician shall be responsible for making the secondary referral. In addition, the 21 22 health care plan shall require the specialist physician or 23 other health care provider to provide regular updates to the enrollee's primary care physician. 24

(f) If an enrollee's application for any referral isdenied, an enrollee may appeal the decision through the health

care plan's external independent review process in accordance
 with <u>as provided by the Illinois Health Carrier External Review</u>
 Act subsection (f) of Section 45 of this Act.

(g) Nothing in this Act shall be construed to require an enrollee to select a new primary care physician when no referral arrangement exists between the enrollee's primary care physician and the specialist selected by the enrollee and when the enrollee has a long-standing relationship with his or her primary care physician.

10 (h) In promulgating rules to implement this Act, the 11 Department shall define "standing referral" and "ongoing 12 course of treatment".

13 (Source: P.A. 91-617, eff. 1-1-00.)

14 (215 ILCS 134/45)

Sec. 45. Health care services appeals <u>and</u> - complaints, and external independent reviews.

(a) A health care plan shall establish and maintain an 17 18 appeals procedure as outlined in this Act. Compliance with this Act's appeals procedures shall satisfy a health care plan's 19 20 obligation to provide appeal procedures under any other State 21 law or rules. All appeals of a health care plan's 22 administrative determinations and complaints regarding its administrative decisions shall be handled as required under 23 Section 50. 24

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(b) When an appeal concerns a decision or action by a

health care plan, its employees, or its subcontractors that 1 2 relates to (i) health care services, including, but not limited to, procedures or treatments, for an enrollee with an ongoing 3 course of treatment ordered by a health care provider, the 4 5 denial of which could significantly increase the risk to an enrollee's health, or (ii) a treatment referral, service, 6 7 procedure, or other health care service, the denial of which 8 could significantly increase the risk to an enrollee's health, 9 the health care plan must allow for the filing of an appeal 10 either orally or in writing. Upon submission of the appeal, a 11 health care plan must notify the party filing the appeal, as 12 soon as possible, but in no event more than 24 hours after the 13 submission of the appeal, of all information that the plan 14 requires to evaluate the appeal. The health care plan shall 15 render a decision on the appeal within 24 hours after receipt 16 of the required information. The health care plan shall notify 17 the party filing the appeal and the enrollee, enrollee's primary care physician, and any health care provider who 18 recommended the health care service involved in the appeal of 19 20 its decision orally followed-up by a written notice of the determination. 21

(c) For all appeals related to health care services including, but not limited to, procedures or treatments for an enrollee and not covered by subsection (b) above, the health care plan shall establish a procedure for the filing of such appeals. Upon submission of an appeal under this subsection, a

health care plan must notify the party filing an appeal, within 1 2 3 business days, of all information that the plan requires to 3 evaluate the appeal. The health care plan shall render a decision on the appeal within 15 business days after receipt of 4 5 the required information. The health care plan shall notify the party filing the appeal, the enrollee, the enrollee's primary 6 7 care physician, and any health care provider who recommended 8 the health care service involved in the appeal orally of its 9 decision followed-up by a written notice of the determination.

10 (d) An appeal under subsection (b) or (c) may be filed by 11 the enrollee, the enrollee's designee or guardian, the 12 enrollee's primary care physician, or the enrollee's health care provider. A health care plan shall designate a clinical 13 14 peer to review appeals, because these appeals pertain to 15 medical or clinical matters and such an appeal must be reviewed 16 by an appropriate health care professional. No one reviewing an 17 had any involvement in the may have initial appeal determination that is the subject of the appeal. The written 18 notice of determination required under subsections (b) and (c) 19 20 shall include (i) clear and detailed reasons for the determination, (ii) the medical or clinical criteria for the 21 22 determination, which shall be based upon sound clinical 23 evidence and reviewed on a periodic basis, and (iii) in the case of an adverse determination, the procedures for requesting 24 25 an external independent review as provided by the Illinois 26 Health Carrier External Review Act under subsection (f).

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(e) If an appeal filed under subsection (b) or (c) is 1 2 denied for a reason including, but not limited to, the service, procedure, or treatment is not viewed as medically necessary, 3 denial of specific tests or procedures, denial of referral to 4 5 specialist physicians or denial of hospitalization requests or 6 length of stay requests, any involved party may request an 7 external independent review as provided by the Illinois Health 8 Carrier External Review Act under subsection (f) of the adverse 9 determination.

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(f) External independent review.

11 (1) The party seeking an external independent review 12 shall so notify the health care plan. The health care plan 13 shall seek to resolve all external independent reviews the most expeditious manner and shall make a determination 14 15 and provide notice of the determination no more than 24 16 hours after the receipt of all necessary information when a 17 delay would significantly increase the risk to an enrollee's health or when extended health care services 18 19 an enrollee undergoing a course of treatment prescribed by 20 a health care provider are at issue.

21 (2) Within 30 days after the enrollee receives written
22 notice of an adverse determination, if the enrollee decides
23 to initiate an external independent review, the enrollee
24 shall send to the health care plan a written request for an
25 external independent review, including any information or
26 documentation to support the enrollee's request for the

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covered service or claim for a covered service.

2 (3) Within 30 days after the health care plan receives
 3 a request for an external independent review from an
 4 enrollee, the health care plan shall:

5 (A) provide a mechanism for joint selection of an 6 external independent reviewer by the enrollee, the 7 enrollee's physician or other health care provider, 8 and the health care plan; and

9 (B) forward to the independent reviewer all 10 medical records and supporting documentation 11 pertaining to the case, a summary description of the 12 applicable issues including a statement of the health 13 care plan's decision, the criteria used, and the 14 medical and clinical reasons for that decision.

(4) Within 5 days after receipt of all necessary 15 16 information, the independent reviewer shall evaluate and 17 analyze the case and render a decision that is based on whether or not the health care service or claim for the 18 health care service is medically appropriate. The decision 19 20 by the independent reviewer is final. If the external independent reviewer determines the health care service to 21 22 be medically appropriate, the health care plan shall pay 23 for the health care service.

24 (5) The health care plan shall be solely responsible
 25 for paying the fees of the external independent reviewer
 26 who is selected to perform the review.

1	(6) An external independent reviewer who acts in good
2	faith shall have immunity from any civil or criminal
3	liability or professional discipline as a result of acts or
4	omissions with respect to any external independent review,
5	unless the acts or omissions constitute wilful and wanton
6	misconduct. For purposes of any proceeding, the good faith
7	of the person participating shall be presumed.
8	(7) Future contractual or employment action by the
9	health care plan regarding the patient's physician or other
10	health care provider shall not be based solely on the
11	physician's or other health care provider's participation
12	in this procedure.
13	(8) For the purposes of this Section, an external
14	independent reviewer shall:
15	(A) be a clinical peer;
16	(B) have no direct financial interest in
17	connection with the case; and
18	(C) have not been informed of the specific identity
19	of the enrollee.
20	(g) Nothing in this Section shall be construed to require a
21	health care plan to pay for a health care service not covered
22	under the enrollee's certificate of coverage or policy.
23	(Source: P.A. 91-617, eff. 1-1-00.)

24 Section 97. Severability. The provisions of this Act are severable under Section 1.31 of the Statute on Statutes. 25

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Section 99. Effective date. This Act takes effect January
 1, 2010.