

96TH GENERAL ASSEMBLY State of Illinois 2009 and 2010 HB4737

Introduced 1/4/2010, by Rep. Betsy Hannig

SYNOPSIS AS INTRODUCED:

5 ILCS 375/6.11A new

Amends the State Employees Group Insurance Act of 1971. Requires that the Act's health benefits program include coverage of medically necessary physical therapy that is aimed at sustaining a reasonably achievable level of functioning. Defines terms and specifies rights and duties of the insurer.

LRB096 15482 JAM 30712 b

FISCAL NOTE ACT MAY APPLY

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1 AN ACT	concerning	government.
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2	Be	it	enacted	by	the	People	of	the	State	of	Illinois,
3	represe	nte	d in the (Gene	eral A	ssembly	·:				

4	Section 5. The State Employees Group Insurance Act of 1971
5	is amended by adding Section 6.11A as follows:
6	(5 ILCS 375/6.11A new)
7	Sec. 6.11A. Preventative physical therapy.
8	(a) The program of health benefits provided under this Act
9	shall provide coverage for medically necessary physical
10	therapy.
11	(b) For the purposes of this Section:
12	(1) "Physical therapy" means physical therapy:
13	(i) that is prescribed by a physician licensed
14	under the Medical Practice Act of 1987;
15	(ii) that is provided by (A) a physician
16	licensed under the Medical Practice Act of 1987,
17	(B) a physician's assistant licensed under the
18	Physician's Assistant Practice Act of 1987, (C) a
19	nurse licensed under the Nurse Practice Act, (D) a
20	physical therapist licensed under the Illinois
21	Physical Therapy Act, or (E) an occupational
22	therapist licensed under the Illinois Occupational

Therapy Act;

1	(iii) that is for the purpose of treating parts
2	of the body affected by an illness, condition,
3	injury, disease, or disability; and
4	(iv) that includes reasonably defined goals,
5	including, but not limited to, sustaining the
6	level of function the person can reasonably
7	achieve, with periodic evaluation of the efficacy
8	of the physical therapy against those goals.
9	(2) "Medically necessary" means any care, treatment,
10	intervention, service, or item that will or is reasonably
11	<pre>expected to:</pre>
12	(i) prevent the onset of an illness,
13	condition, injury, disease, or disability;
14	(ii) reduce or ameliorate the physical,
15	mental, or developmental effects of an illness,
16	condition, injury, disease, or disability; or
17	(iii) assist the achievement or maintenance of
18	maximum functional activity in performing daily
19	activities.
20	(c) The coverage required under this Section shall be
21	subject to the same deductible, coinsurance, waiting period,
21 22	
	subject to the same deductible, coinsurance, waiting period,
22	subject to the same deductible, coinsurance, waiting period, cost sharing limitation, treatment limitation, calendar year
22 23	subject to the same deductible, coinsurance, waiting period, cost sharing limitation, treatment limitation, calendar year maximum, or other limitations as provided for other physical or

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prescribed treatment shall furnish medical records, clinical notes, or other necessary data that substantiate that initial or continued treatment is medically necessary and is resulting in approved clinical status. When treatment is anticipated to require continued services to achieve demonstrable progress, the insurer may request a treatment plan consisting of the diagnosis, proposed treatment by type, proposed frequency of treatment, anticipated duration of treatment, anticipated outcomes stated as goals, and proposed frequency of updating the treatment plan.

(e) When making a determination of medical necessity for treatment, an insurer must make the determination in a manner consistent with the manner in which that determination is made with respect to other diseases or illnesses covered under the policy, including an appeals process. During the appeals process, any challenge to medical necessity may be viewed as reasonable only if the review includes a physician, physical therapist, and occupational therapist with expertise in the most current and effective treatment.