1   HOUSE RESOLUTION

2   WHEREAS, The mission of the YMCA is to build strong kids,

3   strong families, and strong communities through programs that

4   focus on developing a healthy mind, body, and spirit for all;

5   and

6   WHEREAS, Our children's health is a concern for the whole

7   community; because parents can be the best role models for

8   their kids, and kids' health habits mirror those of their

9   parents and other adult role models, YMCA Healthy Kids Day is a

10   great time for communities to come together to learn more about

11   healthier lifestyles; and

12   WHEREAS, Among children and teens ages 6 to 19 in the

13   United States, 16 percent (over 9 million) are overweight

14   according to the Centers for Disease Control 1999-2002 data, or

15   triple what the proportion was in 1980, and 29 percent of

16   low-income children between 2 and 5 years of age in Illinois

17   are overweight or at risk of becoming overweight; and

18   WHEREAS, YMCAs throughout Illinois are dedicated to

19   providing programs and services to over 384,000 youth between

20   the ages of one and seventeen; and

21   WHEREAS, Community-based responses alleviate the growing

1   epidemic of obesity and physical inactivity, particularly
2   among young people; and

3   WHEREAS, YMCA Healthy Kids Day is a national event
4   celebrating healthy living and helping kids and families
5   embrace habits that can become a lifelong practice; and

6   WHEREAS, On April 12, 2008, YMCAs throughout the nation and
7   the State of Illinois will sponsor YMCA Healthy Kids Day to
8   help our youth become more healthy; therefore, be it

9   RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE
10   NINETY-FIFTH GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that we
11   join YMCAs in the State of Illinois, and throughout the nation
12   in the fight against childhood obesity by recognizing April 12,
13   2008, as YMCA Healthy Kids Day; and be it further

14   RESOLVED, That suitable copies of this resolution be
15   presented to participating YMCAs in Illinois.