



HR0072

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HOUSE RESOLUTION

2 WHEREAS, The mission of the YMCA is to build strong kids,
3 strong families, and strong communities through programs that
4 focus on developing a healthy mind, body, and spirit for all;
5 and

6 WHEREAS, Our children's health is a concern for the whole
7 community; because parents can be the best role models for
8 their kids, and kids' health habits mirror those of their
9 parents and other adult role models, YMCA Healthy Kids Day is a
10 great time for communities to come together to learn more about
11 healthier lifestyles; and

12 WHEREAS, Among children and teens ages 6 to 19 in the
13 United States, 16 percent (over 9 million) are overweight
14 according to the Centers for Disease Control 1999-2002 data, or
15 triple what the proportion was in 1980, and 29 percent of
16 low-income children between 2 and 5 years of age in Illinois
17 are overweight or at risk of becoming overweight; and

18 WHEREAS, YMCAs throughout Illinois are dedicated to
19 providing programs and services to over 384,000 youth between
20 the ages of one and seventeen; and

21 WHEREAS, Community-based responses alleviate the growing

1 epidemic of obesity and physical inactivity, particularly
2 among young people; and

3 WHEREAS, YMCA Healthy Kids Day is a national event
4 celebrating healthy living and helping kids and families
5 embrace habits that can become a lifelong practice; and

6 WHEREAS, On April 14, 2007, YMCAs throughout the nation and
7 the State of Illinois will sponsor YMCA Healthy Kids Day to
8 help our youth become more healthy; therefore, be it

9 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE
10 NINETY-FIFTH GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that we
11 join YMCAs in the State of Illinois, and throughout the nation
12 in the fight against childhood obesity by recognizing April 14,
13 2007, as YMCA Healthy Kids Day; and be it further

14 RESOLVED, That suitable copies of this resolution be
15 presented to participating YMCAs in Illinois.