

# 94TH GENERAL ASSEMBLY

## State of Illinois

## 2005 and 2006

#### SB0770

Introduced 2/18/2005, by Sen. Deanna Demuzio

### SYNOPSIS AS INTRODUCED:

215 ILCS 5/370c

from Ch. 73, par. 982c

Amends the Illinois Insurance Code. Requires insurers to cover treatment of anorexia nervosa, bulimia nervosa, and posttraumatic stress disorder as serious mental illnesses. Effective immediately.

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AN ACT concerning insurance.

# 2 Be it enacted by the People of the State of Illinois, 3 represented in the General Assembly:

4 Section 5. The Illinois Insurance Code is amended by 5 changing Section 370c as follows:

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(215 ILCS 5/370c) (from Ch. 73, par. 982c)

Sec. 370c. Mental and emotional disorders.

(a) (1) On and after the effective date of this Section, 8 every insurer which delivers, issues for delivery or renews or 9 modifies group A&H policies providing coverage for hospital or 10 treatment or services for 11 medical illness on an expense-incurred basis shall offer to the applicant or group 12 13 policyholder subject to the insurers standards of 14 insurability, coverage for reasonable and necessary treatment 15 and services for mental, emotional or nervous disorders or conditions, other than serious mental illnesses as defined in 16 17 item (2) of subsection (b), up to the limits provided in the policy for other disorders or conditions, except (i) the 18 19 insured may be required to pay up to 50% of expenses incurred 20 as a result of the treatment or services, and (ii) the annual benefit limit may be limited to the lesser of \$10,000 or 25% of 21 22 the lifetime policy limit.

(2) Each insured that is covered for mental, emotional or 23 nervous disorders or conditions shall be free to select the 24 25 physician licensed to practice medicine in all its branches, 26 licensed clinical psychologist, licensed clinical social worker, or licensed clinical professional counselor of his 27 28 choice to treat such disorders, and the insurer shall pay the 29 covered charges of such physician licensed to practice medicine 30 in all its branches, licensed clinical psychologist, licensed clinical social worker, or licensed clinical professional 31 counselor up to the limits of coverage, provided (i) the 32

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disorder or condition treated is covered by the policy, and (ii) the physician, licensed psychologist, licensed clinical social worker, or licensed clinical professional counselor is authorized to provide said services under the statutes of this State and in accordance with accepted principles of his profession.

(3) Insofar as this Section applies solely to licensed 7 8 clinical social workers and licensed clinical professional counselors, those persons who may provide services 9 to individuals shall do so after the licensed clinical social 10 11 worker or licensed clinical professional counselor has 12 informed the patient of the desirability of the patient conferring with the patient's primary care physician and the 13 worker 14 licensed clinical social or licensed clinical 15 professional counselor has provided written notification to 16 the patient's primary care physician, if any, that services are 17 being provided to the patient. That notification may, however, be waived by the patient on a written form. Those forms shall 18 19 be retained by the licensed clinical social worker or licensed 20 clinical professional counselor for a period of not less than 5 21 years.

(b) (1) An insurer that provides coverage for hospital or 22 23 medical expenses under a group policy of accident and health insurance or health care plan amended, delivered, issued, or 24 25 renewed after the effective date of this amendatory Act of the 26 92nd General Assembly shall provide coverage under the policy 27 for treatment of serious mental illness under the same terms 28 and conditions as coverage for hospital or medical expenses 29 related to other illnesses and diseases. The coverage required 30 under this Section must provide for same durational limits, 31 amount limits, deductibles, and co-insurance requirements for 32 serious mental illness as are provided for other illnesses and diseases. This subsection does not apply to coverage provided 33 34 to employees by employers who have 50 or fewer employees.

35 (2) "Serious mental illness" means the following36 psychiatric illnesses as defined in the most current edition of

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1	the Diagnostic and Statistical Manual (DSM) published by the
2	American Psychiatric Association:
3	(A) schizophrenia;
4	(B) paranoid and other psychotic disorders;
5	(C) bipolar disorders (hypomanic, manic, depressive,
6	and mixed);
7	(D) major depressive disorders (single episode or
8	recurrent);
9	(E) schizoaffective disorders (bipolar or depressive);
10	(F) pervasive developmental disorders;
11	(G) obsessive-compulsive disorders;
12	(H) depression in childhood and adolescence; and
13	(I) panic disorder <u>;</u> .
14	(J) beginning on the effective date of this amendatory
15	Act of the 94th General Assembly, anorexia nervosa;
16	(K) beginning on the effective date of this amendatory
17	Act of the 94th General Assembly, bulimia nervosa; and
18	(L) beginning on the effective date of this amendatory
19	Act of the 94th General Assembly, posttraumatic stress
20	disorder.

(3) Upon request of the reimbursing insurer, a provider of 21 treatment of serious mental illness shall furnish medical 22 23 records or other necessary data that substantiate that initial 24 or continued treatment is at all times medically necessary. An 25 insurer shall provide a mechanism for the timely review by a 26 provider holding the same license and practicing in the same 27 specialty as the patient's provider, who is unaffiliated with the insurer, jointly selected by the patient (or the patient's 28 29 next of kin or legal representative if the patient is unable to 30 act for himself or herself), the patient's provider, and the insurer in the event of a dispute between the insurer and 31 32 patient's provider regarding the medical necessity of a treatment proposed by a patient's provider. If the reviewing 33 provider determines the treatment to be medically necessary, 34 the insurer shall provide reimbursement for the treatment. 35 Future contractual or employment actions by the insurer 36

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1 regarding the patient's provider may not be based on the 2 provider's participation in this procedure. Nothing prevents 3 the insured from agreeing in writing to continue treatment at his or her expense. When making a determination of the medical 4 5 necessity for a treatment modality for serous mental illness, 6 an insurer must make the determination in a manner that is consistent with the manner used to make that determination with 7 respect to other diseases or illnesses covered under the 8 9 policy, including an appeals process.

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(4) A group health benefit plan:

(A) shall provide coverage based upon medical
necessity for the following treatment of mental illness in
each calendar year;

(i) 45 days of inpatient treatment; and

(ii) 35 visits for outpatient treatment includinggroup and individual outpatient treatment;

(B) may not include a lifetime limit on the number of
days of inpatient treatment or the number of outpatient
visits covered under the plan; and

(C) shall include the same amount limits, deductibles,
copayments, and coinsurance factors for serious mental
illness as for physical illness.

(5) An issuer of a group health benefit plan may not count toward the number of outpatient visits required to be covered under this Section an outpatient visit for the purpose of medication management and shall cover the outpatient visits under the same terms and conditions as it covers outpatient visits for the treatment of physical illness.

(6) An issuer of a group health benefit plan may provide or
 offer coverage required under this Section through a managed
 care plan.

32 (7) This Section shall not be interpreted to require a33 group health benefit plan to provide coverage for treatment of:

34 (A) an addiction to a controlled substance or cannabis35 that is used in violation of law; or

(B) mental illness resulting from the use of a

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1	controlled substance or cannabis in violation of law.
2	(8) This subsection (b) is inoperative after December 31,
3	2005.
4	(Source: P.A. 92-182, eff. 7-27-01; 92-185, eff. 1-1-02;
5	92-651, eff. 7-11-02.)
6	Section 99. Effective date. This Act takes effect upon

7 becoming law.