

1 AN ACT concerning State government.

2 **Be it enacted by the People of the State of Illinois,**  
3 **represented in the General Assembly:**

4 Section 5. The Department of Public Health Powers and  
5 Duties Law of the Civil Administrative Code of Illinois is  
6 amended by adding Section 2310-371.5 as follows:

7 (20 ILCS 2310/2310-371.5 new)

8 Sec. 2310-371.5. Childhood Health Promotion Program.

9 (a) Subject to appropriations for this purpose, the  
10 Department shall establish a Childhood Health Promotion  
11 Program to prevent and reduce the incidence and prevalence of  
12 obesity in children and adolescents, especially among  
13 populations with high rates of obesity and obesity-related  
14 health complications including, but not limited to, diabetes,  
15 heart disease, cancer, osteoarthritis, asthma and other  
16 conditions. The program shall use recommendations and goals of  
17 the United States Departments of Agriculture and Health and  
18 Human Services, the Surgeon General, and the Centers for  
19 Disease Control and Prevention in developing and implementing  
20 guidelines for nutrition education and physical activity  
21 projects as part of childhood health prevention efforts. The  
22 content and implementation of the program shall stress the  
23 benefits of choosing a balanced, healthful diet from the many  
24 options available to consumers, without specifically targeting  
25 the elimination of any particular food group, food product, or  
26 food-related industry.

27 (b) The program may include, but need not be limited to,  
28 the following features:

29 (1) Developing media health promotion campaigns  
30 targeted to children and adolescents and their parents and  
31 caregivers that emphasize increasing consumption of  
32 low-calorie, high nutrient foods, decreasing consumption

1 of high-calorie, low-nutrient foods, and increasing  
2 physical activity designed to prevent or reduce obesity.

3 (2) Establishing school-based childhood nutrition  
4 education and physical activity programs including  
5 linkages to physical and health education courses.

6 (3) Establishing community-based childhood nutrition  
7 education and physical activity programs including  
8 programs which involve parents and caregivers.

9 (4) Coordinating with the State Board of Education,  
10 Department of Human Services, Department of Children and  
11 Family Services, Department of Public Aid, and other  
12 federal, State, and local agencies to incorporate  
13 strategies of the program into government food assistance,  
14 health, education, and recreation programs.

15 (5) Sponsoring periodic conferences or meetings to  
16 bring together experts in nutrition, exercise, public  
17 health, mental health, education, parenting, media, food  
18 marketing, food security, agriculture, community planning,  
19 and other disciplines to examine societal-based solutions  
20 to the problem of childhood obesity and issue guidelines  
21 and recommendations for State policy and programs.

22 (6) Developing training programs for medical and other  
23 health professionals to teach practical skills in  
24 nutrition and exercise education to children and their  
25 parents and caregivers.

26 (c) The Department shall periodically collect and analyze  
27 information from schools, health and nutrition programs, and  
28 other sources to determine the prevalence of childhood obesity  
29 in the State and to evaluate, to the extent possible, the  
30 effectiveness of the program.

31 (d) The Department may, directly or through contract,  
32 administer the program within the amount of funds available.  
33 The Department shall also make grants, within the amount of  
34 funds available, for community-based projects targeted to  
35 high-risk populations to implement the provisions of this  
36 Section.

1 Section 10. The School Code is amended by adding Sections  
2 10-20.40 and 34-18.32 as follows:

3 (105 ILCS 5/10-20.40 new)

4 Sec. 10-20.40. School District Nutrition Advisory  
5 Committees.

6 (a) To authorize and encourage every district to establish  
7 a Child Nutrition Advisory Committee, which shall:

8 (1) Include, but is not limited to, a representative of  
9 the school district, the food preparation staff, the  
10 physical education departments, the school nurse or health  
11 staff, a registered dietitian, if available, the faculty of  
12 the district, the parent teacher associations in the  
13 district, the students enrolled in the district, and the  
14 parents or guardians of students enrolled in the district  
15 which shall meet at least quarterly; or if it is not  
16 possible or practical for all groups recommended to have  
17 members on the committee to be represented, the district  
18 may approve a committee that, to the greatest extent  
19 possible, represents the interests of the recommended  
20 groups.

21 (2) Study all facets of the current nutritional  
22 policies of the district including, but not limited to, the  
23 goals of the district to promote health and proper  
24 nutrition, vending machine sales, menu criteria,  
25 educational curriculum teaching health nutrition,  
26 educational information provided to parents or guardians  
27 regarding healthy nutrition and the health risks  
28 associated with obesity, opportunities offered to parents  
29 or guardians to encourage healthier eating habits to  
30 students, and the education provided to teachers and other  
31 staff as to the importance of health nutrition.

32 (3) Consider recommendations and practices of other  
33 districts and nutrition studies.

34 (4) Report the status of the implementation of the

1 district's programs to improve students' nutritional  
2 awareness and a healthy diet to the board of the local  
3 school district.

4 (5) Report periodically to the district regarding  
5 practices that will educate teachers, parents or  
6 guardians, and children about healthy nutrition and raise  
7 awareness of the dangers of obesity. The committee is also  
8 encouraged to provide any parent teacher association in the  
9 district with such findings and recommendations.

10 (b) The district is encouraged to give, in a newsletter, if  
11 any, that precedes the commencement of school in the fall,  
12 written notice to all parents or guardians of enrolled students  
13 of the existence of the committee and supply information as to  
14 how interested parents or guardians may participate on the  
15 committee. The district is encouraged to give notice to all  
16 parents or guardians and students, through its regular  
17 newsletters or other regular forms of written communication, of  
18 the scheduled dates of committee meetings.

19 (105 ILCS 5/34-18.32 new)

20 Sec. 34-18.32. School Board Nutrition Advisory Committees.

21 (a) The board shall authorize and encourage the  
22 establishment of a Child Nutrition Advisory Committee, which  
23 shall:

24 (1) Include, but is not limited to, a representative of  
25 the board, school preparation staff, physical education  
26 departments, school nurses or health staff, a registered  
27 dietitian, if available, faculty, parent teacher  
28 associations in the district, enrolled students, and  
29 parents or guardians of enrolled students, which shall meet  
30 at least quarterly; or if it is not possible or practical  
31 for all groups recommended to have members on the committee  
32 to be represented, the board may approve a committee that,  
33 to the greatest extent possible, represents the interests  
34 of the recommended groups.

35 (2) Study all facets of the current nutritional

1 policies of the district including, but not limited to, the  
2 goals of the district to promote health and proper  
3 nutrition, vending machine sales, menu criteria,  
4 educational curriculum teaching health nutrition,  
5 educational information provided to parents or guardians  
6 regarding healthy nutrition and the health risks  
7 associated with obesity, opportunities offered to parents  
8 or guardians to encourage healthier eating habits to  
9 students, and the education provided to teachers and other  
10 staff as to the importance of health nutrition.

11 (3) Consider recommendations and practices of other  
12 schools and nutrition studies.

13 (4) Report the status of the implementation of the  
14 district's programs to improve students' nutritional  
15 awareness and a healthy diet to the board.

16 (5) Report periodically to the board regarding  
17 practices that will educate teachers, parents or  
18 guardians, and children about healthy nutrition and raise  
19 awareness of the dangers of obesity. The committee is also  
20 encouraged to provide any parent teacher association in the  
21 district with such findings and recommendations.

22 (b) The board is encouraged to give, in a newsletter, if  
23 any, that precedes the commencement of school in the fall,  
24 written notice to all parents or guardians of enrolled students  
25 of the existence of the committee and supply information as to  
26 how interested parents or guardians may participate on the  
27 committee. The board is encouraged to give notice to all  
28 parents or guardians and students, through its regular  
29 newsletters or other regular forms of written communication, of  
30 the scheduled dates of committee meetings.