

1 HOUSE RESOLUTION

2 WHEREAS, The Food and Drug Administration (FDA) has shown  
3 that the consumption of soft drinks has increased by 500%  
4 over the past 50 years, and Americans consume more than 53  
5 gallons of carbonated soft drinks per person per year; and

6 WHEREAS, Studies have consistently demonstrated that soft  
7 drink consumption increases the risk of dental caries; and

8 WHEREAS, Soft drinks contain sugar and caffeine; and

9 WHEREAS, Excess energy intake results in obesity and soft  
10 drinks result in excess energy intake; and

11 WHEREAS, That USDA recommends people eating 1600 calories  
12 per day not eat more than 6 teaspoons a day of refined sugar,  
13 12 teaspoons per day for those eating 2200 calories, and 18  
14 teaspoons per day for those eating 2800 calories; and

15 WHEREAS, Teenage boys consume 34 teaspoons of sugar per  
16 day with 44% from soft drinks and teenage girls consume 24  
17 teaspoons of sugar per day with 40% from soft drinks; and

18 WHEREAS, For every additional serving of sugar sweetened  
19 drinks consumed, there was a 60% increase in children's risk  
20 of becoming overweight; and

21 WHEREAS, For every additional serving consumed, a child  
22 was 48% more likely to be overweight; and

23 WHEREAS, Schools play a significant role in nutrition  
24 education, not only because children eat many of their meals  
25 at school, but also because schools educate students  
26 concerning appropriate nutritional decisions and are viewed  
27 by students as an authority, setting examples that will last  
28 a lifetime; therefore, be it

29 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE

1 NINETY-THIRD GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that  
2 the Department of Public Health, in conjunction with the  
3 State Board of Education, is directed to conduct a sugar  
4 consumption study to determine the effects of sugar  
5 consumption as it relates to the overall health of school  
6 children; in addition, the study shall examine the impact of  
7 easy access to candy and soda machines in schools and  
8 existing policies of school boards to enter exclusive right  
9 contracts with producers of soft drinks in an effort to  
10 supplement budget shortfalls; and be it further

11 RESOLVED, That the Department shall consult with  
12 appropriate medical, dental and advocacy groups, including  
13 the soft drink and candy industry when conducting this study;  
14 and be it further

15 RESOLVED, That the Department shall promulgate rules if  
16 necessary to implement the study and report its findings to  
17 the Governor and General Assembly of the State of Illinois on  
18 or before January 1, 2004.