



**93RD GENERAL ASSEMBLY**  
**State of Illinois**  
**2003 and 2004**  
**HB3971**

Introduced 12/19/2003, by Tom Cross

**SYNOPSIS AS INTRODUCED:**

105 ILCS 110/2	from Ch. 122, par. 862
105 ILCS 110/3	from Ch. 122, par. 863

Amends the Critical Health Problems and Comprehensive Health Education Act. Specifically includes, as part of the design of the Comprehensive Health Education Program, learning experiences that will aid students in making wise personal decisions in matters of nutrition. Provides that in the educational area of nutrition, the Program shall include an emphasis on nutritional values and wellness. Requires the State Board of Education to develop and make available, through Internet website resources, instructional materials and guidelines concerning nutrition and wellness to all schools. Effective immediately.

LRB093 14751 NHT 40636 b

FISCAL NOTE ACT  
MAY APPLY

**A BILL FOR**

1 AN ACT concerning education.

2 **Be it enacted by the People of the State of Illinois,**  
3 **represented in the General Assembly:**

4 Section 5. The Critical Health Problems and Comprehensive  
5 Health Education Act is amended by changing Sections 2 and 3 as  
6 follows:

7 (105 ILCS 110/2) (from Ch. 122, par. 862)

8 Sec. 2. Program defined ~~Definitions. The following terms~~  
9 ~~shall have the following meanings respectively prescribed for~~  
10 ~~them,~~ Except as the context otherwise requires, ~~+~~ (a)  
11 "Comprehensive Health Education Program" means+ a systematic  
12 and extensive educational program designed to provide a variety  
13 of learning experiences based upon scientific knowledge of the  
14 human organism as it functions within its environment which  
15 will favorably influence the knowledge, attitudes, values and  
16 practices of Illinois school youth; and which will aid them in  
17 making wise personal decisions in matters of health and  
18 nutrition.

19 (Source: P.A. 77-1405.)

20 (105 ILCS 110/3) (from Ch. 122, par. 863)

21 Sec. 3. Comprehensive Health Education Program. The  
22 program established under this Act shall include, but not be  
23 limited to, the following major educational areas as a basis  
24 for curricula in all elementary and secondary schools in this  
25 State: nutrition, with an emphasis on nutritional values and  
26 wellness, human ecology and health, human growth and  
27 development, the emotional, psychological, physiological,  
28 hygienic and social responsibilities of family life, including  
29 sexual abstinence until marriage, prevention and control of  
30 disease, including instruction in grades 6 through 12 on the  
31 prevention, transmission and spread of AIDS, public and

1 environmental health, consumer health, safety education and  
2 disaster survival, mental health and illness, personal health  
3 habits, alcohol, drug use, and abuse including the medical and  
4 legal ramifications of alcohol, drug, and tobacco use, abuse  
5 during pregnancy, sexual abstinence until marriage, tobacco,  
6 ~~nutrition,~~ and dental health. Notwithstanding the above  
7 educational areas, the following areas may also be included as  
8 a basis for curricula in all elementary and secondary schools  
9 in this State: basic first aid (including, but not limited to,  
10 cardiopulmonary resuscitation and the Heimlich maneuver),  
11 early prevention and detection of cancer, heart disease,  
12 diabetes, stroke, and the prevention of child abuse, neglect,  
13 and suicide. The school board of each public elementary and  
14 secondary school in the State shall encourage all teachers and  
15 other school personnel to acquire, develop, and maintain the  
16 knowledge and skills necessary to properly administer  
17 life-saving techniques, including without limitation the  
18 Heimlich maneuver and rescue breathing. The training shall be  
19 in accordance with standards of the American Red Cross, the  
20 American Heart Association, or another nationally recognized  
21 certifying organization. A school board may use the services of  
22 non-governmental entities whose personnel have expertise in  
23 life-saving techniques to instruct teachers and other school  
24 personnel in these techniques. Each school board is encouraged  
25 to have in its employ, or on its volunteer staff, at least one  
26 person who is certified, by the American Red Cross or by  
27 another qualified certifying agency, as qualified to  
28 administer first aid and cardiopulmonary resuscitation. In  
29 addition, each school board is authorized to allocate  
30 appropriate portions of its institute or inservice days to  
31 conduct training programs for teachers and other school  
32 personnel who have expressed an interest in becoming qualified  
33 to administer emergency first aid or cardiopulmonary  
34 resuscitation. School boards are urged to encourage their  
35 teachers and other school personnel who coach school athletic  
36 programs and other extracurricular school activities to

1 acquire, develop, and maintain the knowledge and skills  
2 necessary to properly administer first aid and cardiopulmonary  
3 resuscitation in accordance with standards and requirements  
4 established by the American Red Cross or another qualified  
5 certifying agency. No pupil shall be required to take or  
6 participate in any class or course on AIDS or family life  
7 instruction if his parent or guardian submits written objection  
8 thereto, and refusal to take or participate in the course or  
9 program shall not be reason for suspension or expulsion of the  
10 pupil.

11 Curricula developed under programs established in  
12 accordance with this Act in the major educational area of  
13 alcohol and drug use and abuse shall include classroom  
14 instruction in grades 5 through 12. The instruction, which  
15 shall include matters relating to both the physical and legal  
16 effects and ramifications of drug and substance abuse, shall be  
17 integrated into existing curricula; and the State Board of  
18 Education shall develop and make available to all elementary  
19 and secondary schools in this State instructional materials and  
20 guidelines which will assist the schools in incorporating the  
21 instruction into their existing curricula. In addition, school  
22 districts may offer, as part of existing curricula during the  
23 school day or as part of an after school program, support  
24 services and instruction for pupils or pupils whose parent,  
25 parents, or guardians are chemically dependent.

26 The State Board of Education shall develop and make  
27 available, through Internet website resources, instructional  
28 materials and guidelines concerning nutrition and wellness to  
29 all elementary and secondary schools in this State.

30 (Source: P.A. 92-23, eff. 7-1-01.)

31 Section 99. Effective date. This Act takes effect upon  
32 becoming law.