

SB2348



103RD GENERAL ASSEMBLY

State of Illinois

2023 and 2024

SB2348

Introduced 2/10/2023, by Sen. Rachel Ventura

SYNOPSIS AS INTRODUCED:

105 ILCS 5/27-23.17 new

Amends the School Code. Provides that all school districts shall provide instruction on relaxation activities such as yoga or meditation for at least one half-period of the school day to enhance both mental and physical health of students.

LRB103 27228 RJT 53598 b

STATE MANDATES
ACT MAY REQUIRE
REIMBURSEMENT

A BILL FOR

1 AN ACT concerning education.

2 **Be it enacted by the People of the State of Illinois,**
3 **represented in the General Assembly:**

4 Section 5. The School Code is amended by adding Section
5 27-23.17 as follows:

6 (105 ILCS 5/27-23.17 new)

7 Sec. 27-23.17. Yoga teaching. All school districts shall
8 provide instruction on relaxation activities such as yoga or
9 meditation for at least one half-period of the school day to
10 enhance both mental and physical health of students.