103RD GENERAL ASSEMBLY

State of Illinois

2023 and 2024

SB1497

Introduced 2/7/2023, by Sen. Karina Villa

SYNOPSIS AS INTRODUCED:

210	ILCS	45/1-112	from	Ch.	111	1/2,	par.	4151-112
210	ILCS	45/2-106	from	Ch.	111	1/2,	par.	4152-106
210	ILCS	45/2-106.1						
210	ILCS	45/3-615 new						

Amends the Nursing Home Care Act. Provides that "emergency" means a situation, physical condition, or one or more practices, methods, or operations that present imminent danger of death or serious physical or mental harm to residents of a facility and that are clinically documented in the resident's medical record (rather than only a situation, physical condition or one or more practices, methods or operations that present imminent danger of death or serious physical or mental harm to residents of a facility). Requires the need for positioning devices to be demonstrated and documented in the resident's care plan. Requires that assessment to be revisited in every comprehensive assessment of the resident. Provides that psychotropic medication shall be administered to a resident only if clinical documentation in the resident's medical record supports the benefit of the psychotropic medication over contraindications related to other prescribed medications and supports the diagnosis of the resident. Provides that, notwithstanding any other provision of law, if a resident is in a state of emergency, the emergency shall be clinically documented in the resident's medical record.

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AN ACT concerning regulation.

Be it enacted by the People of the State of Illinois, 2 represented in the General Assembly: 3

4 Section 5. The Nursing Home Care Act is amended by 5 changing Sections 1-112, 2-106, 2-106.1, and 3-615 as follows:

(210 ILCS 45/1-112) (from Ch. 111 1/2, par. 4151-112) 6

7 Sec. 1-112. "Emergency" means a situation, physical condition, or one or more practices, methods, or operations 8 9 which present imminent danger of death or serious physical or mental harm to residents of a facility and are clinically 10 documented in the resident's medical record. 11

12 (Source: P.A. 81-223.)

13 (210 ILCS 45/2-106) (from Ch. 111 1/2, par. 4152-106)

Sec. 2-106. (a) For purposes of this Act, (i) a physical 14 15 restraint is any manual method or physical or mechanical 16 device, material, or equipment attached or adjacent to a resident's body that the resident cannot remove easily and 17 18 restricts freedom of movement or normal access to one's body. Devices used for positioning, including but not limited to bed 19 20 rails, gait belts, and cushions, shall not be considered to be 21 restraints for purposes of this Section; (ii) a chemical restraint is any drug used for discipline or convenience and 22

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not required to treat medical symptoms. The need for devices 1 2 used for positioning must be demonstrated by the resident and 3 documented in the resident's care plan. The demonstrated need must be revisited in every comprehensive assessment of the 4 5 resident. The Department shall by rule, designate certain devices as restraints, including at least all those devices 6 7 which have been determined to be restraints by the United 8 States Department of Health and Human Services in interpretive 9 quidelines issued for the purposes of administering Titles 10 XVIII and XIX of the Social Security Act.

11 (b) Neither restraints nor confinements shall be employed 12 for the purpose of punishment or for the convenience of any 13 facility personnel. No restraints or confinements shall be 14 employed except as ordered by a physician who documents the 15 need for such restraints or confinements in the resident's 16 clinical record.

17 (c) A restraint may be used only with the informed consent of the resident, the resident's guardian, or other authorized 18 representative. A restraint may be used only for specific 19 20 periods, if it is the least restrictive means necessary to 21 attain and maintain the resident's highest practicable 22 physical, mental or psychosocial well-being, including brief 23 periods of time to provide necessary life-saving treatment. A restraint may be used only after consultation with appropriate 24 25 health professionals, such as occupational or physical 26 therapists, and a trial of less restrictive measures has led

to the determination that the use of less restrictive measures 1 2 maintain the would not attain or resident's highest 3 practicable physical, mental or psychosocial well-being. However, if the resident needs emergency care, restraints may 4 5 be used for brief periods to permit medical treatment to proceed unless the facility has notice that the resident has 6 previously made a valid refusal of the treatment in question. 7

8 (d) A restraint may be applied only by a person trained in9 the application of the particular type of restraint.

10 (e) Whenever a period of use of a restraint is initiated, 11 the resident shall be advised of his or her right to have a 12 person or organization of his or her choosing, including the 13 Guardianship and Advocacy Commission, notified of the use of the restraint. A recipient who is under guardianship may 14 15 request that a person or organization of his or her choosing be 16 notified of the restraint, whether or not the quardian 17 approves the notice. If the resident so chooses, the facility shall make the notification within 24 hours, including any 18 19 information about the period of time that the restraint is to 20 be used. Whenever the Guardianship and Advocacy Commission is notified that a resident has been restrained, it shall contact 21 the resident to determine the circumstances of the restraint 22 23 and whether further action is warranted.

(f) Whenever a restraint is used on a resident whose primary mode of communication is sign language, the resident shall be permitted to have his or her hands free from restraint

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1 for brief periods each hour, except when this freedom may 2 result in physical harm to the resident or others.

3 (g) The requirements of this Section are intended to 4 control in any conflict with the requirements of Sections 5 1-126 and 2-108 of the Mental Health and Developmental 6 Disabilities Code.

7 (Source: P.A. 97-135, eff. 7-14-11.)

8 (210 ILCS 45/2-106.1)

9 Sec. 2-106.1. Drug treatment.

10 (a) A resident shall not be given unnecessary drugs. An 11 unnecessary drug is any drug used in an excessive dose, 12 including in duplicative therapy; for excessive duration; without adequate monitoring; without adequate indications for 13 14 its use; or in the presence of adverse consequences that 15 indicate the drugs should be reduced or discontinued. The 16 Department shall adopt, by rule, the standards for unnecessary drugs contained in interpretive guidelines issued by the 17 United States Department of Health and Human Services for the 18 purposes of administering Titles XVIII and XIX of the Social 19 20 Security Act.

21 (b) Except in the case of an emergency, psychotropic 22 medication shall not be administered without the informed 23 consent of the resident or the resident's surrogate decision 24 maker. If there is an emergency and the resident or resident's 25 <u>surrogate's informed consent has been obtained, the</u> SB1497

psychotropic medication shall be administered only if clinical 1 2 documentation in the resident's medical record supports the 3 benefit of the psychotropic medication over contraindications related to other prescribed medications and supports the 4 5 diagnosis of the resident. "Psychotropic medication" means is used for or 6 medication that listed as used for psychotropic, antidepressant, antimanic, or antianxiety 7 8 behavior modification or behavior management purposes in the 9 latest editions of the AMA Drug Evaluations or the Physician's 10 Desk Reference. "Emergency" has the same meaning as in Section 1-112 of the Nursing Home Care Act. A facility shall (i) 11 12 document the alleged emergency in detail, including the facts 13 surrounding the medication's need, and (ii) present this the resident 14 documentation to and the resident's 15 representative. The Department shall adopt, by rule, a 16 protocol specifying how informed consent for psychotropic 17 medication may be obtained or refused. The protocol shall require, at a minimum, a discussion between (i) the resident 18 19 or the resident's surrogate decision maker and (ii) the 20 resident's physician, a registered pharmacist, or a licensed nurse about the possible risks and benefits of a recommended 21 22 medication and the use of standardized consent forms 23 designated by the Department. The protocol shall include 24 informing the resident, surrogate decision maker, or both of 25 the existence of a copy of: the resident's care plan; the 26 facility policies and procedures adopted in compliance with

subsection (b-15) of this Section; and a notification that the 1 2 most recent of the resident's care plans and the facility's 3 policies are available to the resident or surrogate decision maker upon request. Each form designated or developed by the 4 5 Department (i) shall be written in plain language, (ii) shall 6 be able to be downloaded from the Department's official 7 website or another website designated by the Department, (iii) 8 include information specific to the psychotropic shall 9 medication for which consent is being sought, and (iv) shall 10 be used for every resident for whom psychotropic drugs are 11 prescribed. The Department shall utilize the rules, protocols, 12 and forms developed and implemented under the Specialized 13 Mental Health Rehabilitation Act of 2013 in effect on the effective date of this amendatory Act of the 101st General 14 15 Assembly, except to the extent that this Act requires a 16 different procedure, and except that the maximum possible 17 period for informed consent shall be until: (1) a change in the prescription occurs, either as to type of psychotropic 18 19 medication or an increase or decrease in dosage, dosage range, 20 or titration schedule of the prescribed medication that was 21 not included in the original informed consent; or (2) a 22 resident's care plan changes. The Department may further amend 23 after January 1, 2021 pursuant to the rules existing rulemaking authority. In addition to creating those forms, the 24 25 Department shall approve the use of any other informed consent 26 forms that meet criteria developed by the Department. At the

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1 discretion of the Department, informed consent forms may 2 include side effects that the Department reasonably believes 3 common, with a direction that more are more complete information can be found via a link on the Department's 4 5 website to third-party websites with more complete 6 information, such as the United States Food and Druq 7 Administration's website. The Department or a facility shall 8 incur no liability for information provided on a consent form 9 so long as the consent form is substantially accurate based 10 upon generally accepted medical principles and if the form 11 includes the website links.

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12 Informed consent shall be sought from the resident. For the purposes of this Section, "surrogate decision maker" means 13 14 individual representing the resident's interests an as 15 permitted by this Section. Informed consent shall be sought by 16 the resident's guardian of the person if one has been named by 17 a court of competent jurisdiction. In the absence of a court-ordered quardian, informed consent shall be sought from 18 a health care agent under the Illinois Power of Attorney Act 19 20 who has authority to give consent. If neither a court-ordered guardian of the person nor a health care agent under the 21 22 Illinois Power of Attorney Act is available and the attending 23 physician determines that the resident lacks capacity to make 24 decisions, informed consent shall be sought from the 25 resident's attorney-in-fact designated under the Mental Health 26 Treatment Preference Declaration Act, if applicable, or the

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1 resident's representative.

2 In addition to any other penalty prescribed by law, a facility that is found to have violated this subsection, or 3 the federal certification requirement that informed consent be 4 5 obtained before administering a psychotropic medication, shall thereafter be required to obtain the signatures of 2 licensed 6 7 health care professionals on every form purporting to give 8 informed consent for the administration of a psychotropic 9 medication, certifying the personal knowledge of each health 10 care professional that the consent was obtained in compliance 11 with the requirements of this subsection.

12 (b-5) A facility must obtain voluntary informed consent, 13 in writing, from a resident or the resident's surrogate before 14 decision maker administering or dispensing a 15 psychotropic medication to that resident. When informed 16 consent is not required for a change in dosage, the facility 17 shall note in the resident's file that the resident was informed of the dosage change prior to the administration of 18 the medication or that verbal, written, or electronic notice 19 20 has been communicated to the resident's surrogate decision maker that a change in dosage has occurred. 21

(b-10) No facility shall deny continued residency to a person on the basis of the person's or resident's, or the person's or resident's surrogate decision maker's, refusal of the administration of psychotropic medication, unless the facility can demonstrate that the resident's refusal would

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place the health and safety of the resident, the facility
 staff, other residents, or visitors at risk.

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A facility that alleges that the resident's refusal to 3 consent to the administration of psychotropic medication will 4 5 place the health and safety of the resident, the facility staff, other residents, or visitors at risk must: (1) document 6 7 the alleged risk in detail; (2) present this documentation to 8 the resident or the resident's surrogate decision maker, to 9 the Department, and to the Office of the State Long Term Care 10 Ombudsman; and (3) inform the resident or his or her surrogate 11 decision maker of his or her right to appeal to the Department. 12 The documentation of the alleged risk shall include a description of all nonpharmacological or alternative care 13 14 options attempted and why they were unsuccessful.

15 (b-15) Within 100 days after the effective date of any 16 rules adopted by the Department under subsection (b) of this 17 Section, all facilities shall implement written policies and procedures for compliance with this Section. 18 When the 19 Department conducts its annual survey of a facility, the 20 surveyor may review these written policies and procedures and either: 21

(1) give written notice to the facility that the
policies or procedures are sufficient to demonstrate the
facility's intent to comply with this Section; or

(2) provide written notice to the facility that theproposed policies and procedures are deficient, identify

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the areas that are deficient, and provide 30 days for the facility to submit amended policies and procedures that demonstrate its intent to comply with this Section.

A facility's failure to submit the documentation required under this subsection is sufficient to demonstrate its intent to not comply with this Section and shall be grounds for review by the Department.

All facilities must provide training and education on the requirements of this Section to all personnel involved in providing care to residents and train and educate such personnel on the methods and procedures to effectively implement the facility's policies. Training and education provided under this Section must be documented in each personnel file.

(b-20) Upon the receipt of a report of any violation of 15 16 this Section, the Department shall investigate and, upon 17 finding sufficient evidence of a violation of this Section, may proceed with disciplinary action against the licensee of 18 the facility. In any administrative disciplinary action under 19 20 this subsection, the Department shall have the discretion to determine the gravity of the violation and, taking into 21 22 account mitigating and aggravating circumstances and facts, 23 may adjust the disciplinary action accordingly.

(b-25) A violation of informed consent that, for an
individual resident, lasts for 7 days or more under this
Section is, at a minimum, a Type "B" violation. A second

violation of informed consent within a year from a previous violation in the same facility regardless of the duration of the second violation is, at a minimum, a Type "B" violation.

4 (b-30) Any violation of this Section by a facility may be
5 enforced by an action brought by the Department in the name of
6 the People of Illinois for injunctive relief, civil penalties,
7 or both injunctive relief and civil penalties. The Department
8 may initiate the action upon its own complaint or the
9 complaint of any other interested party.

10 (b-35) Anv resident who has been administered а 11 psychotropic medication in violation of this Section may bring 12 an action for injunctive relief, civil damages, and costs and 13 attorney's fees against any facility responsible for the violation. 14

(b-40) An action under this Section must be filed within 2 years of either the date of discovery of the violation that gave rise to the claim or the last date of an instance of a noncompliant administration of psychotropic medication to the resident, whichever is later.

20 (b-45) A facility subject to action under this Section 21 shall be liable for damages of up to \$500 for each day after 22 discovery of a violation that the facility violates the 23 requirements of this Section.

(b-55) The rights provided for in this Section are
 cumulative to existing resident rights. No part of this
 Section shall be interpreted as abridging, abrogating, or

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1 otherwise diminishing existing resident rights or causes of 2 action at law or equity.

3 (c) The requirements of this Section are intended to 4 control in a conflict with the requirements of Sections 2-102 5 and 2-107.2 of the Mental Health and Developmental 6 Disabilities Code with respect to the administration of 7 psychotropic medication.

8 (d) In this Section only, "licensed nurse" means an 9 advanced practice registered nurse, a registered nurse, or a 10 licensed practical nurse.

11 (Source: P.A. 101-10, eff. 6-5-19; 102-646, eff. 8-27-21.)

12 (210 ILCS 45/3-615 new)

13 Sec. 3-615. Resident emergency; documentation in medical 14 record. Notwithstanding any other provision of law, if a 15 resident is in a state of emergency, the emergency shall be 16 clinically documented in the resident's medical record.