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HOUSE RESOLUTION

2 WHEREAS, Blood clots can form throughout the human body,
3 can lead to illness, disability, and even death if not treated
4 early, and do not discriminate by age, gender, ethnicity, or
5 race; and

6 WHEREAS, On average, blood clots cause the death of one
7 person every six minutes; according to The Surgeon General's
8 Call to Action to Prevent Deep Vein Thrombosis and Pulmonary
9 Embolism, 2008, they cause the deaths of approximately 100,000
10 people every year; and

11 WHEREAS, As indicated by the public education campaign
12 Stop the Clot, Spread the Word®, made possible through the
13 partnership of the National Blood Clot Alliance (NBCA) and the
14 Centers for Disease Control and Prevention (CDC), up to
15 900,000 people are affected by blood clots every year; and

16 WHEREAS, Blood clots can be further defined as a deep vein
17 thrombosis (DVT) or a pulmonary embolism (PE), with a DVT
18 occurring if a blood clot forms in one of the large veins,
19 typically in a person's lower leg, thigh, pelvis, or arm, and
20 this type of blood clot can partly or completely block the flow
21 of blood or blood circulation in the body; if a blood clot is
22 left untreated, it can move or break off and travel to the

1 lungs, causing a blockage known as a PE, which requires
2 immediate medical attention; and

3 WHEREAS, It is important to recognize the signs and
4 symptoms of a blood clot, with a DVT often presenting as
5 swelling of the affected area, pain, tenderness, and redness
6 or discoloration of the skin; by comparison, someone
7 experiencing a PE often presents as having difficulty
8 breathing, a faster than normal or irregular heartbeat,
9 coughing up blood, and very low blood pressure,
10 lightheadedness, or fainting; and

11 WHEREAS, Blood clots are preventable, and the best ways to
12 prevent them include knowing your risks factors, recognizing
13 the signs and symptoms, informing a medical professional if
14 you have any risk factors, speaking with a medical
15 professional about blood clots before any surgical procedure,
16 and seeing a medical professional as soon as you possible if
17 you develop any symptoms; and

18 WHEREAS, To better inform the public of the risks, signs,
19 and symptoms of blood clots, the NBCA annually promotes March
20 as Blood Clot Awareness Month; therefore, be it

21 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE ONE
22 HUNDRED THIRD GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that

1 we declare the month of March 2024 as Blood Clot Awareness
2 Month in the State of Illinois; and be it further

3 RESOLVED, That suitable copies of this resolution be
4 presented to the Bleeding & Clotting Disorders Institute, the
5 Deveraux Hubbard II Foundation, and the National Blood Clot
6 Alliance with our sincere appreciation for their efforts.