

1 AN ACT concerning education.

2 **Be it enacted by the People of the State of Illinois,**
3 **represented in the General Assembly:**

4 Section 5. The Critical Health Problems and Comprehensive
5 Health Education Act is amended by changing Section 3 as
6 follows:

7 (105 ILCS 110/3)

8 Sec. 3. Comprehensive Health Education Program. The
9 program established under this Act shall include, but not be
10 limited to, the following major educational areas as a basis
11 for curricula in all elementary and secondary schools in this
12 State: human ecology and health; human growth and development;
13 the emotional, psychological, physiological, hygienic, and
14 social responsibilities of family life, including sexual
15 abstinence until marriage; the prevention and control of
16 disease, including instruction in grades 6 through 12 on the
17 prevention, transmission, and spread of AIDS; age-appropriate
18 sexual abuse and assault awareness and prevention education in
19 grades pre-kindergarten through 12; public and environmental
20 health; consumer health; safety education and disaster
21 survival; mental health and illness; personal health habits;
22 alcohol and drug use and abuse, including the medical and
23 legal ramifications of alcohol, drug, and tobacco use; abuse

1 during pregnancy; evidence-based and medically accurate
2 information regarding sexual abstinence; tobacco and
3 e-cigarettes and other vapor devices; nutrition; and dental
4 health. The instruction on mental health and illness must
5 evaluate the multiple dimensions of health by reviewing the
6 relationship between physical and mental health so as to
7 enhance student understanding, attitudes, and behaviors that
8 promote health, well-being, and human dignity and must include
9 how and where to find mental health resources and specialized
10 treatment in the State. The program shall also provide course
11 material and instruction to advise pupils of the Abandoned
12 Newborn Infant Protection Act. The program shall include
13 information about cancer, including, without limitation, types
14 of cancer, signs and symptoms, risk factors, the importance of
15 early prevention and detection, and information on where to go
16 for help. Notwithstanding the above educational areas, the
17 following areas may also be included as a basis for curricula
18 in all elementary and secondary schools in this State: basic
19 first aid (including, but not limited to, cardiopulmonary
20 resuscitation and the Heimlich maneuver), heart disease,
21 diabetes, stroke, the prevention of child abuse, neglect, and
22 suicide, and teen dating violence in grades 7 through 12.
23 Beginning with the 2014-2015 school year, training on how to
24 properly administer cardiopulmonary resuscitation (which
25 training must be in accordance with standards of the American
26 Red Cross, the American Heart Association, or another

1 nationally recognized certifying organization) and how to use
2 an automated external defibrillator shall be included as a
3 basis for curricula in all secondary schools in this State.

4 Beginning with the 2024-2025 school year in grades 9
5 through 12, the program shall include instruction, study, and
6 discussion on the dangers of allergies. Information for the
7 instruction, study, and discussion shall come from information
8 provided by the Department of Public Health and the federal
9 Centers for Disease Control and Prevention. This instruction,
10 study, and discussion shall include, at a minimum:

11 (1) recognizing the signs and symptoms of an allergic
12 reaction, including anaphylaxis;

13 (2) the steps to take to prevent exposure to
14 allergens; and

15 (3) safe emergency epinephrine administration.

16 The school board of each public elementary and secondary
17 school in the State shall encourage all teachers and other
18 school personnel to acquire, develop, and maintain the
19 knowledge and skills necessary to properly administer
20 life-saving techniques, including, without limitation, the
21 Heimlich maneuver and rescue breathing. The training shall be
22 in accordance with standards of the American Red Cross, the
23 American Heart Association, or another nationally recognized
24 certifying organization. A school board may use the services
25 of non-governmental entities whose personnel have expertise in
26 life-saving techniques to instruct teachers and other school

1 personnel in these techniques. Each school board is encouraged
2 to have in its employ, or on its volunteer staff, at least one
3 person who is certified, by the American Red Cross or by
4 another qualified certifying agency, as qualified to
5 administer first aid and cardiopulmonary resuscitation. In
6 addition, each school board is authorized to allocate
7 appropriate portions of its institute or inservice days to
8 conduct training programs for teachers and other school
9 personnel who have expressed an interest in becoming qualified
10 to administer emergency first aid or cardiopulmonary
11 resuscitation. School boards are urged to encourage their
12 teachers and other school personnel who coach school athletic
13 programs and other extracurricular school activities to
14 acquire, develop, and maintain the knowledge and skills
15 necessary to properly administer first aid and cardiopulmonary
16 resuscitation in accordance with standards and requirements
17 established by the American Red Cross or another qualified
18 certifying agency. Subject to appropriation, the State Board
19 of Education shall establish and administer a matching grant
20 program to pay for half of the cost that a school district
21 incurs in training those teachers and other school personnel
22 who express an interest in becoming qualified to administer
23 cardiopulmonary resuscitation (which training must be in
24 accordance with standards of the American Red Cross, the
25 American Heart Association, or another nationally recognized
26 certifying organization) or in learning how to use an

1 automated external defibrillator. A school district that
2 applies for a grant must demonstrate that it has funds to pay
3 half of the cost of the training for which matching grant money
4 is sought. The State Board of Education shall award the grants
5 on a first-come, first-serve basis.

6 No pupil shall be required to take or participate in any
7 class or course on AIDS or family life instruction or to
8 receive training on how to properly administer cardiopulmonary
9 resuscitation or how to use an automated external
10 defibrillator if his or her parent or guardian submits written
11 objection thereto, and refusal to take or participate in the
12 course or program or the training shall not be reason for
13 suspension or expulsion of the pupil.

14 Curricula developed under programs established in
15 accordance with this Act in the major educational area of
16 alcohol and drug use and abuse shall include classroom
17 instruction in grades 5 through 12. The instruction, which
18 shall include matters relating to both the physical and legal
19 effects and ramifications of drug and substance abuse, shall
20 be integrated into existing curricula; and the State Board of
21 Education shall develop and make available to all elementary
22 and secondary schools in this State instructional materials
23 and guidelines which will assist the schools in incorporating
24 the instruction into their existing curricula. In addition,
25 school districts may offer, as part of existing curricula
26 during the school day or as part of an after school program,

1 support services and instruction for pupils or pupils whose
2 parent, parents, or guardians are chemically dependent.

3 (Source: P.A. 101-305, eff. 1-1-20; 102-464, eff. 8-20-21;
4 102-558, eff. 8-20-21; 102-1034, eff. 1-1-23.)