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SENATE RESOLUTION

2 WHEREAS, An estimated 54 million Americans have
3 osteoporosis or low bone mass; studies suggest that
4 approximately one in two women and up to one in four men age 50
5 and older will break a bone due to osteoporosis; and

6 WHEREAS, Osteoporosis-related bone fractures are
7 responsible for more hospitalizations than heart attacks,
8 strokes, or breast cancer; in a recent yearly total,
9 approximately 1.8 million Medicare beneficiaries suffered
10 approximately 2.1 million osteoporotic fractures; and

11 WHEREAS, In Illinois, 67,000 Medicare beneficiaries
12 suffered over 79,500 osteoporotic fractures in 2016; and

13 WHEREAS, The cost for Illinois citizens who suffered an
14 initial and subsequent fracture was estimated at over \$261.9
15 million; and

16 WHEREAS, Osteoporosis is often called a silent disease
17 because one cannot feel bones weakening; a broken bone is
18 often the first sign of osteoporosis; timely bone health
19 screening, diagnosis, and treatment can help prevent fractures
20 that can lead to hospitalizations and nursing home stays; and

1 WHEREAS, Cost-effective post fracture care, which improves
2 care coordination, has been demonstrated to reduce the number
3 of subsequent or repeat fractures yet is not widely available
4 or properly incentivized by Medicare; and

5 WHEREAS, Osteoporosis and the broken bones it can cause
6 are not a part of normal aging; building strong bones begins in
7 childhood and is essential to the prevention of osteoporosis;
8 care for our bones is vital throughout our lives, but we reach
9 our peak bones mass by early adulthood; and

10 WHEREAS, Optimum bone health and prevention of
11 osteoporosis can be maximized by a balanced diet rich in
12 calcium and vitamin D, weight-bearing and muscle-strengthening
13 exercise, and a healthy lifestyle with no smoking or no
14 excessive alcohol intake; and

15 WHEREAS, We must raise awareness about bone health among
16 the public, health professionals, and policymakers; therefore,
17 be it

18 RESOLVED, BY THE SENATE OF THE ONE HUNDRED SECOND GENERAL
19 ASSEMBLY OF THE STATE OF ILLINOIS, that we declare May 2022 as
20 Bone Health and Osteoporosis Month in the State of Illinois;
21 and be it further

1 RESOLVED, That we appreciate the ideals, goals, and
2 activities of the National Bone Health and Osteoporosis Month
3 in May and encourage appropriate good health programs and
4 activities that promote good bone health throughout the
5 lifetime and prevent osteoporosis.