



HR0266HAM002

LRB102 18280 MST 27181 a

1                            AMENDMENT TO HOUSE RESOLUTION 266

2            AMENDMENT NO. \_\_\_\_\_. Amend House Resolution 266 by deleting  
3 everything after the heading and replacing it with the  
4 following:

5            "WHEREAS, During the COVID-19 pandemic, the Centers for  
6 Disease Control and Prevention (CDC) has reported that the  
7 obesity rate of Americans has risen to above 40% for the first  
8 time and the rate of childhood obesity has risen to above 20%,  
9 especially in the age group of 13 to 18 year olds; this is  
10 especially important given that, despite the current pandemic,  
11 the leading cause of death in the United States remains  
12 cardiovascular disease, which is mostly caused by obesity and  
13 being overweight in correlation with the complications that  
14 arise from those symptoms; and

15            WHEREAS, Doctors have noted that one of the largest causes  
16 of obesity in Americans is a diet high in simple

1 carbohydrates, and some of the most effective tactics to  
2 reduce obesity are to reduce the intake of added sugars, to  
3 consume a balanced diet, and to participate in an active  
4 lifestyle; and

5 WHEREAS, In 2010, to reduce calorie consumption and  
6 promote a healthier lifestyle among children and teens,  
7 America's leading beverage companies, in coordination with  
8 First Lady Michele Obama, Congress, and federal officials,  
9 supported development of federal guidelines on school  
10 nutrition and beverage products sold in public schools; and

11 WHEREAS, These guidelines were largely included in the  
12 2010 Healthy Hunger-Free Kids Act and set a standard to remove  
13 full-calorie soft drinks and replace them with lower calorie,  
14 smaller portion options to reduce the availability of  
15 sweetened beverages; and

16 WHEREAS, A study published in 2020, led by researchers at  
17 the Harvard T.H. Chan School of Public Health, found that the  
18 percentage of children who were heavy consumers of  
19 sugar-sweetened beverages declined from 11% to 3% between 2003  
20 and 2016; and

21 WHEREAS, The percentage of adults who consumed such  
22 beverages dropped from 13% to 9% during that period; this was

1 due, in part, to successful policy implementation that  
2 educated consumers about the effect of too much added sugar in  
3 diets and new guidelines that restricted children's access to  
4 foods and beverages with added sugars; and

5 WHEREAS, The welfare of children is an enormous  
6 responsibility, and the State of Illinois must continue to  
7 work towards ensuring the lives and health of its children are  
8 protected; therefore be it

9 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE ONE  
10 HUNDRED SECOND GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that  
11 in light of three decades of sustained progress in reducing  
12 the consumption of sugar-sweetened beverages, state officials,  
13 in partnership with school districts and organizations in the  
14 public and private sectors, are urged to continue to adhere to  
15 and enforce the beverage standards included in the Healthy  
16 Hunger Free Kids Act of 2010; and be it further

17 RESOLVED, That we urge the General Assembly to continue to  
18 monitor the impact of sugar from all sources on the State's  
19 residents; and be it further

20 RESOLVED, That we urge everyone to make healthy choices in  
21 their respective diets; and be it further

1           RESOLVED, That a suitable copy of this resolution be  
2   delivered to Kate Wexell."