

HR0743 LRB101 17729 ECR 67157 r

1 HOUSE RESOLUTION

WHEREAS, The Glendale Heights Mayor's Center for Senior
Citizens Volunteer Initiative Program is a volunteer program
based around the Center for Senior Citizens in Glendale
Heights; and

WHEREAS, The Center for Senior Citizens offers comprehensive senior citizen resources, innovated programing, informational sessions, social events, and exciting trips; the Center includes a game room, fitness room, arts and crafts room, a full service salon, and a library with four computer stations with internet access; the Center currently has just under 2,000 members; and

WHEREAS, Volunteerism is an important part of The Center; this volunteerism is overseen by the Senior Citizens Volunteer Advisory Committee; the Committee typically meets every month to discuss how the Center and the Village of Glendale Heights can continue to provide support and resources for the Senior Community; and

WHEREAS, In 2018, the Senior Citizens Advisory Committee organized events such as bake sales and lunch-n-learns that included lessons on healthy eating choices at fast food restaurants, the basics of diabetes management and how good

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- nutrition plays a role in preventing diabetes complications, 1
- 2 and encouraging healthy cooking during the holiday seasons; and
- WHEREAS, In 2018, 61 individuals volunteered 1,879 hours to 4 benefit the Center; trained Center volunteer counselors provide one-on-one assistance to Medicare beneficiaries and 5 6 their caregivers; volunteers also collect donations for the 7 Center's Holiday Luncheon, run the Center's very popular weekly
- 8 Bingo activity, operate a meals-on-wheels program, hold
- 9 informational sessions on important social service topics to
- 10 keep Seniors educated, and generally provide extra support for
- 11 the Center as needed; and
- 12 WHEREAS, Volunteers are also encouraged to create their own 13 activities for the seniors; activities that volunteers have 14 developed include knitting and crocheting classes, game days in

the Center's recreation room, and craft related projects; and

- 16 WHEREAS, The Governor's Hometown Awards program gives 17 formal recognition to those who contributed to their community's quality of life through projects that had strong 18 19 volunteer support, met a need, and made a definitive impact; 20 and
- 21 WHEREAS, The Glendale Heights Mayor's Center for Senior 22 Citizens Volunteer Initiative Program was 2019's Governor's

1 Hometown Award winner in its Seniors Category; therefore, be it

RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE ONE
HUNDRED FIRST GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that
we congratulate the Glendale Heights Mayor's Center for Senior
Citizens Volunteer Initiative Program on being selected as a
2019 Governor's Hometown Award project winner; and be it
further

RESOLVED, That a suitable copy of this Resolution be delivered to the Glendale Heights Mayor's Center for Senior Citizens Volunteer Initiative Program as a symbol of our respect and esteem.

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