



HR0341

LRB101 12162 MST 59762 r

1 HOUSE RESOLUTION

2 WHEREAS, Gratitude is the mother of all virtues; and

3 WHEREAS, The idea of gratitude is a very old idea that has
4 been espoused in Jewish, Christian, Muslim, Buddhist, Hindu,
5 and other traditions; and

6 WHEREAS, The positive effects of gratitude on physical
7 health, on psychological well-being, and on relationships with
8 others has been studied and verified; and

9 WHEREAS, Within the past few years, science has found that
10 the sense of gratitude has enhanced the well-being of
11 individuals in a positive manner; and

12 WHEREAS, Gratitude originated from the proposition of
13 doing on to others as they would do to themselves; and

14 WHEREAS, At this time in the history of our nation, the
15 individual citizen has much to be grateful for; and

16 WHEREAS, Life itself is worth being grateful for; the more
17 we are grateful, the more circumstance will create situations
18 for us to be grateful; therefore, be it

1 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE ONE
2 HUNDRED FIRST GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that
3 we declare the 4th Thursday in May 2019 and the 4th Thursday in
4 May 2020 as "State of Illinois Day of Gratitude"; and be it
5 further

6 RESOLVED, That we urge everyone to take time to share with
7 friends, family, neighbors, employees, employers, and everyone
8 they know that they recognize and are grateful for the many
9 things they have in life; and be it further

10 RESOLVED, That a suitable copy of this resolution be
11 presented to Abdulhakeem Y. Salaam.