



HR0043

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HOUSE RESOLUTION

2           WHEREAS, Bacon is consumed at breakfast an average of 12  
3 times per person per year; 69% of all food service operators  
4 serve bacon; more than half of all homes (53%) keep bacon on  
5 hand at all times; each year in the United States, more than  
6 1.7 billion pounds of bacon are consumed in food service; bacon  
7 contains a high level of nutrients and is a useful addition to  
8 any diet; the key to eating bacon and gaining health benefits  
9 is keeping portions to reasonable sizes; and

10           WHEREAS, Baconfest is a fun-filled, walk-around, tasting  
11 event, featuring the most creative bacon dishes from the best  
12 chefs in Chicago; since 2009, Baconfest has raised over  
13 \$300,000, enabling partners like the Greater Chicago Food  
14 depository to distribute more than 924,000 meals to hungry  
15 people in the area; and

16           WHEREAS, Pork is versatile, affordable, and accessible for  
17 many Americans; its many beneficial qualities make it easy to  
18 incorporate into any healthy diet; and

19           WHEREAS, Pork is not only a good source of protein, but  
20 also provides several important vitamins and minerals; a  
21 three-ounce serving of pork is an excellent source of thiamin,  
22 selenium, protein, niacin, vitamin B6, and phosphorus and a

1 good source of riboflavin, zinc, and potassium; and

2 WHEREAS, Pork is naturally low in sodium and a good source  
3 of potassium - two nutrients that, when coupled, can help  
4 regulate blood pressure; today's pork is 16% leaner and 27%  
5 lower in saturated fat compared to 20 years ago; and

6 WHEREAS, Pork - representing 42.6% of total meat consumed -  
7 is the world's most widely eaten meat according to the United  
8 States Department of Agriculture; seven cuts of pork meet the  
9 USDA guidelines for "lean" by containing less than 10 grams of  
10 fat, 4.5 grams of saturated fat, and 95 milligrams of  
11 cholesterol per 100 grams of meat; and

12 WHEREAS, Pork tenderloin is certified as heart-healthy by  
13 the American Heart Association with its Heart-Check mark,  
14 indicating that it contains less than 6.5 grams of fat, one  
15 gram or less of saturated fat (and 15% or less calories from  
16 saturated fat), and 480 milligrams or less of sodium per label  
17 serving, among other criteria; pork tenderloin has the same  
18 amount of fat as a skinless chicken breast; and

19 WHEREAS, Illinois ranks fourth in the nation in swine  
20 production; pork producers have enhanced feeding and breeding  
21 practices to deliver leaner options for today's health  
22 conscious consumers; and

1           WHEREAS, The Illinois Pork Producers Association (IPPA)  
2 represents more than 2,000 pork producers throughout Illinois;  
3 the IPPA is comprised of county pork producer groups in  
4 approximately 20 counties throughout Illinois; the IPPA is an  
5 affiliate of the National Pork Producers Council and the  
6 National Pork Board; the Illinois pork industry contributes  
7 more than \$1.8 billion and more than 10,500 jobs to the State's  
8 economy; therefore, be it

9           RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE ONE  
10 HUNDREDTH GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that we  
11 call upon the leaders of the State of Illinois to recognize and  
12 continue to defend the importance of bacon and other pork  
13 products, along with the pork producers, to the economy, job  
14 growth, and the consumer preference of the people of Illinois;  
15 and be it further

16           RESOLVED, That a suitable copy of this resolution be  
17 presented to the Illinois Pork Producers Association as a  
18 symbol of our esteem and respect.