**Section 730.210 Adaptive Skills**

This program provides comprehensive training for ICRE-Wood customers to enable them to obtain competitive integrated employment and become more independent, educated and self-reliant by learning the following skills:

a) Daily living skills, including, but not limited to, food preparation, cooking, labeling food and clothing, clothing care, cleaning and budgeting;

b) Psychosocial competency – develop and enhance mental, emotional and social skills and strategies necessary to engage in competitive integrated employment;

c) Functional activities, including, but not limited to, household maintenance, home mechanics, exercise and woodworking;

d) Self-management skills, including, but not limited to, self-confidence, stress management, time management, organization, self-motivation and healthy living;

e) Communication skills, including, but not limited to, Braille, sign language and assistive technology devices; and

f) Orientation and mobility skills, including, but not limited to, using public transportation and transit systems, using a cane, using senses, following directions and using landmarks, and using techniques for crossing streets.

(Source: Amended at 42 Ill. Reg. 16243, effective August 7, 2018)