**Section 140.TABLE H Areas of Major Life Activity**

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| The Individual Is  Eligible for ICF/MR Services | | The Individual Is Not  Eligible for ICF/MR Services |
| SELF CARE | | |
| The ability to perform daily activities to meet basic life needs including feeding, bathing, toileting, dressing, and hygiene and grooming. | | |
| Eligible: | | Not Eligible: |
| The individual fees (using knife and fork), bathes, and dresses self; combs/brushes hair; may need occasional reminders to initiate activities and follow through on components of tasks or recall performance methods; toilets independently; may shampoo and roll up/set hair; may wash and/or iron and store clothing. | | The individual exercise self care in personal hygiene and grooming, feeding, bathing dressing, and toileting; may need health care or personal care reminders; may need assistance in selecting or purchasing clothing. |
| LANGUAGE | | |
| Communication involving verbalization or an alternative communication system which enables an individual to convey ideas and information to others (expressive), and understand communication from others (receptive). | | |
| Eligible: | | Not Eligible: |
| The individual can describe or state basin needs or concerns in concrete phrases and sentences to interact in simple conversation; can answer questions about basic or simple needs or concerns; may use "because" or "but"; is able to express self (verbally or with an alternative system) and be understood by someone who does not know the individual but does know the communication system; may recognize words | | The individual communicates complete verbal concepts and understands them; carries on everyday conversations, but cannot discuss abstract or philosophical concepts; typically can use a telephone; may communicate in writing in simple letter or orders; does not write/communicate about theoretical ideas or important current events. |
| LEARNING | | |
| General cognitive competence; the ability to acquire new behaviors, perceptions and information; and the ability to apply experiences to new situations. | | |
| Eligible: | | Not Eligible: |
| The individual obtains a score in the moderate to severe/profound range of intellectual functioning as measured by a standardized full scale, assessment on an individual intelligence test, such as a score of 54 or below on the WAIS-R | | The individual obtains a score in the mild range of intellectual functioning as measured by standardized full scale, assessment on an individual intelligence test, such as a score of 55 or above on the WAIS-R |
| MOBILITY | | |
| The ability to perform gross- and fine-motor skills. The capability of locomotion, either by independent ambulation or with mobility assistance such as adaptive equipment/mechanical aids. | | |
| Eligible: | | Not Eligible: |
| The individual exhibits good body control; can alternate feet to climb stairs; has good gross-and fine-motor skills coordination such as being able to hit a target, throw a ball, run, hop, skip, or jump (these skills are not required for eligibility); may independently transfer into and out of wheelchair; lacks or has limited capacity to perform activities requiring strength or coordination, such as dancing, cursive writing or heavy lifting. | | The individual is able to use hands (or adaptive utensils) to care for self; goes about known areas with ease (i.e. local neighborhood, campus or residence) via independent ambulation or adaptive/supportive equipment (wheelchair, walker, cane); may use mass transportation. |
| SELF DIRECTION | | |
| The management of, and control over, one's personal and social life, by making decisions which affect and protect one's self interests. | | |
| Eligible: | Not Eligible: | |
| The individual may be conscientious about assuming responsibility for simple tasks (household chores, assigned duties); may ask of there is "work" to do; makes an effort to be dependable; attends to a task well (15-20 minutes); may sometimes initiate his/her own activities. | The individual initiates most of his/her own activities; is conscientious about work (duties) and assumes much responsibility; for tasks; requires guidance when activities/jobs necessitate important decision making such as health care, care of others, and complicated occupational activities. | |
| CAPACITY FOR INDEPENDENT LIVING | | |
| The age appropriate ability to live without extraordinary support. | | |
| Eligible: | Not Eligible: | |
| The individual can be sent on everyday errands such as to the store, supply or storage area for several items with supervisory oversight; makes minor purchases; may add coins to total a dollar or make change for a dollar; may do simple, routine household chores; prepares simple foods that require mixing. | The individual cooks simple meals; performs everyday household tasks (given the opportunity); engages in semiskilled or simple skilled job not requiring complex thinking or judgement; goes to several stores to purchase items; makes change, but may not be able to use baking facilities; may have difficulty handling finances without guidance; goes about local neighborhood or campus of residence with ease and without supervisory oversight; independently recognizes emergency situations and takes action (i.e. stops ongoing activity and exits a building in response to a fire alarm). | |

(Source: Added at 14 Ill. Reg. 20478, effective December 7, 1990)