**Section 390.1860 Infant and Therapeutic Diets**

a) An infant diet is a diet whether therapeutic or general for residents under the age of 12 months.

b) A therapeutic diet is a diet that varies from the recommended nutritional requirements as specified in Section 390.1850.

c) All diets shall be ordered by a physician and recorded in the resident's medical record and served as ordered. The resident shall be observed to determine acceptance of the diet and these observations shall be recorded in his record. (B)

d) All diet orders (see Section 390. 1840(a) and (b)) transmitted to the Food Service Department shall include, but are not limited to, the following information: name of resident, room and bed number, type of diet, date diet order is sent to dietary, name of physician ordering the diet, and the signature of the person transmitting the order to the food service department.

e) All diets or dietary restrictions shall be planned or approved by a dietitian. (B)

f) The kinds and variations of these prescribed therapeutic diets shall be available in the kitchen. If separate menus are not planned for each specific diet, diet information for each specific type shall be posted in the kitchen.

g) All infant and therapeutic diets, with the exception of liquid and medical soft, shall be reviewed at least every month. Liquid therapeutic diets shall be reviewed every 48 hours. Medical soft diets shall be reviewed every three weeks. This review shall be done by licensed nursing personnel or a qualified dietitian with recommendations to the attending physician. (B)

h) The facility shall have available and in use, two or more copies of a current diet manual recommended by the Department. One copy shall be located in the kitchen for use by dietary personnel; others shall be located at each nurses' station for available use by the physician when prescribing diets.

(Source: Amended at 13 Ill. Reg. 6301, effective April 17, 1989)