**Section 250.1075 Use of Restraints** **and Seclusion**

a) *Each hospital licensed under* the *Act* and this Part shall *have a written policy to address the use of restraints and seclusion in the hospital. Each hospital policy shall include periodic review of the use of restraints and seclusion in the hospital.* (Section 6.20 of the Act)

b) The hospital's policy governing the use of restraints and seclusion shall *be*

*consistent with* 42 CFR 482.213(e) and (f). (Section 6.20 of the Act)

c) *In hospitals, restraints or seclusion may only be ordered by a physician licensed to practice medicine in all its branches or a registered nurse with supervisory responsibilities as authorized by the medical staff. The medical staff of a hospital may adopt a policy specifying the requirements for the use of restraints or seclusion and identifying whether a registered nurse with supervisory responsibilities may order restraints or seclusion in the hospital when the patient's treating physician is not available.* (Section 6.20 of the Act)

d) *Registered nurses authorized to order restraints or seclusion shall have appropriate training and experience as determined by medical staff policy. The treating physician shall be notified when restraints or seclusion* is *ordered by a registered nurse. Nothing in this Section requires that a medical staff authorize a registered nurse with supervisory responsibilities to order restraints or seclusion.* (Section 6.20 of the Act)

e) When hard restraints are employed, all nursing and patient care staff assigned to that unit must have a restraint key in their possession for the duration of their shift.

(Source: Amended at 27 Ill. Reg. 13467, effective July 25, 2003)