**Section 1371.420 Classes and Weights of Contestants**

a) In martial arts or mixed martial arts practices, contestants shall be classified under the following classifications:

|  |  |  |  |
| --- | --- | --- | --- |
| Weight Class | | Weights | Allowances |
| 1) | Straw Weight | up to 115 pounds | 3 pounds |
| 2) | Flyweight | over 115 to 125 pounds | 3 pounds |
| 3) | Bantamweight | over 125 to 135 pounds | 3 pounds |
| 4) | Featherweight | over 135 to 145 pounds | 5 pounds |
| 5) | Lightweight | over 145 to 155 pounds | 5 pounds |
| 6) | Welterweight | over 155 to 170 pounds | 5 pounds |
| 7) | Middleweight | over 170 to 185 pounds | 7 pounds |
| 8) | Light Heavyweight | over 185 to 205 pounds | 7 pounds |
| 9) | Heavyweight | over 205 to 265 pounds | 7 pounds |
| 10) | Super Heavyweight | over 265 pounds |  |

b) Any contestant's change in weight class must be approved by the Division.

c) Contestants shall only fight contestants in their own weight class unless permission is granted by the Division. With permission of the Division, a contestant can compete against a competitor in his or her own weight class or in one of the 2 higher or 2 lower weight classes.

d) At the weigh-in, no contestant may lose more than 3 pounds in less than a 2 hour period. This does not apply to light heavyweight class and above.