**Section 680.108 Continuing Education Unit**

The Continuing Education Unit (CEU) is a nationally recognized unit defined as 10 training contact hours. One training contact hour is a 60 minute classroom session of instruction or its equivalent (0.1 CEU). One contact hour or 0.1 CEU will count as 1 hour towards meeting the certificate renewal training requirement. Training in which CEUs are not assigned will be credited based on actual hours spent in training.

(Source: Added at 24 Ill. Reg. 7263, effective April 24, 2000)